

VISION QUEST TAROT



THE NATIVE AMERICAN WISDOM TAROT
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INTRODUCTION

The Vision Quest Tarot is designed to increase our awareness of cosmic forces and how they influence our individual paths. As we go through the different cycles of our lives, our relationship to the cosmos changes many times. Changed perspectives, brought about by every new phase, naturally shift our focus and expand our views. It is like slowly familiarizing ourselves with the countless facets, multidimensional light-receptors and colors of a great precious stone. By and by we recognize different aspects of this living jewel that continually reveals still other, yet unknown angles of itself through which we can perceive the world. And all the while we discover new aspects of our own sub- or unconscious and learn to understand its messages, which the Tarot depicts by using corresponding images.

With its powerfully clear and simple symbolism, the Vision Quest Tarot easily carries us into a space of deeper, inner understanding. We recognize ourselves quickly in its vivid, archetypal images. Since these are not foreign

to us, they engender no fear. On the contrary, we spontaneously connect and feel at home with them.

At this point I'll happily repeat for those who have never come in contact with the Tarot. That there are no evil or unlucky cards! Their meaning constantly evolves with each individual. The pictures point to a coming cycle that may already be strongly felt, a somewhat simpler or more complex phase in one's life, or a new learning process.

Since the symbols of Vision Quest Tarot are inspired by Native American wisdom, they contain not only the spirit of the traditional Tarot but that of the tribal shamans and the spirit of the medicine wheel. Example: The card for the High Priest (or Hierophant) has an expanded significance in this deck. In my view, the modern shaman takes on the duties of the priest. Among Native Americans, the ELDERS, i.e. the grand- and great grandmothers and - fathers of a tribe, transmit their wisdom to the young and thus command the utmost respect. A lifetime of experience, genuine compassion and insight are valued most highly (as opposed to Western society, where the experience of the elderly counts for virtually nothing).

This is why the cards commonly reserved for the Empress and Emperor have become the Grand Mother and Grand Father in our Vision Quest Tarot.

This Tarot does not purport to embody the teachings of the Red Way. Nevertheless, it helps us view the events and changes in our lives from a fresh and more profoundly insightful angle.

The Vision Quest Tarot wants to serve you as a friendly guide, a benefactor, who helps you understand the opportunities which present themselves daily, and not just with your head but directly through your heart. It lets you perceive your own being in a new, visionary light. It reveals ways of dealing with your problems more creatively and most importantly, with a big-picture awareness. It triggers your own inherent understanding and lets it come to the forefront. The Tarot points out how to face challenges with much greater ease by clearly seeing what certain situations can teach and add to you. Instead of fighting life's constant, inevitable changes, you are encouraged to integrate every new development into the wholeness that you are.

We all want to become more insightful and free - in our thinking, in our consciousness. In our whole way of living. We all long to feel safe, at home in the cosmos, connected at the deepest level with all beings through the power that animates our heart. Please accept the Vision Quest Tarot as a useful and versatile key.

In loving reverence for your
journey to yourself

Gayann Sylvie Winter and Jo Dosé
Santa Fe, New Mexico, 1998

THE CARDS

Most significant are the 22 MAJOR CARDS, also known as the MAJOR ARCANA (latin: arcanum: secret). These represent the different tasks and learning cycles throughout a lifetime, as well as the most important changes in the life of the questioner.

The 22 Majors are followed by the 16 court cards of the MINOR ARCANA. These point out specific personality structures and qualities in the questioner and sometimes an actual person in his or her environment.

These are followed by 40 numbered cards from Ace (1) to 10, which represent the four elements or „colors“ and constitute the remainder of the Minor Arcana (where Aces play a much more important role than any of the numbered cards, since Aces represent the „root“ or underlying source of each element).

THE SYMBOLISM OF THE VISION QUEST TAROT

ARROWS and WANDS represent **FIRE**
(The energy level)

Other decks show stars or clubs (Clubs,
acorns).

JARS and BOWLS represent **WATER**
(Emotional level)

Other decks show cups, kettles, flowers
(Hearts)

FEATHERS and BIRDS represent **AIR**
(Spiritual, mental level)

Other decks use swords or lightning bolts
(Spades, leaves)

VEGETABLES and FLOWERS represent
EARTH (Physical level)

Other decks use disks, pentacles, coins (Dia-
monds, bells)

(Note: our common playing cards have evol-
ved from the four suits or „colors“ of the Tar-
rot)

PREPARING FOR A SESSION

Choose a quiet, secluded place for your Tarot session. To begin with, sit or lie still for a few minutes and close your eyes. You want to look within and ask your inner being for advice. So you have to let your thoughts subside. Just let them pass by. . . hold on to none of them anymore. . . fabricate no further opinions.

Now shuffle your deck, then quietly hold it in your hands for a moment. Next, you may cut the cards, placing several small heaps in front of you. Now gather them all up again, but in a different order. Traditionally, the cards are spread out face down in a semi-circle like a fan.

With closed eyes, let your hands hover over the cards and pick those that want to be picked by you. You can also select them with open eyes. In that case your eyes will sense the „pull“ of certain cards.

Use your left hand if your question concerns emotional, mental or spiritual matters. Use your right hand when material affairs are questioned (money, jobs, possessions).

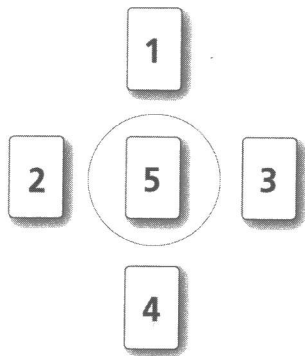
Place the cards on top of each other in the order they were selected. Then arrange them, one after the other, in your chosen layout. Now you can turn all of them around, or, if you wish, just one, then another one and so on.

There is another way to do a reading: You DON'T draw all your cards at once, but begin with number one, i.e. the first question, and then go on to the next question etc..

With ONLY A SINGLE QUESTION IN MIND, draw a card and put it in its first place position. This way you often receive more unmistakable answers in my experience. Still, one thing always holds true: THE MORE SPECIFIC AND CLEAR YOUR QUESTION, THE MORE PRECISE WILL BE YOUR ANSWER.

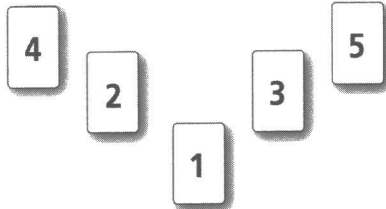
LAYOUT SUGGESTIONS FOR THE VISION QUEST TAROT

THE LITTLE MEDICINE WHEEL (5 CARDS)



1. The first card is the message from your intuition.
2. The second card is the message from your body.
3. The third card is the message from your emotions.
4. The fourth card is the message from your spirit.
5. The fifth card is the message from your life.

THE VOICE OF YOUR INTUITION
(5 CARDS)



1. The first card: How can I strengthen my intuition?
2. The second card: What influences are helpful?
3. The third card: What influences are hindrances?
4. The fourth card: What can I learn now?
5. The fifth card: How may I use my intuition?

THE PRESENT
(QUICK READING - 3 CARDS)



1. The first card represents the essence of your question.
2. The second card shows what hinders you.
3. The third card shows what helps you.

THE PATH OF WISDOM
(7 CARDS)



1. The first card reveals the essence of the question.
2. The second card reveals influences from within.
3. The third card reveals outside influences.
4. The fourth card stands for the path of action.
5. The fifth card represents the path of passivity.
6. The sixth card represents the way of the heart.
7. The seventh card shows the possible outcome.

PARTNERSHIP
(6 OR 12 CARDS)



1. The first card: Where do we stand in our relationship?
2. The second card: What is our spiritual connection?
3. The third card: What is our common goal?
4. The fourth card: What is our common task?
5. The fifth card: Where are our inner blocks?
6. The sixth card: What helps?

THE MAJOR ARCANA

0. CLOWN (relates to the Fool)

In essence:

FREEDOM - humor - innocence - independent spirit - enthusiasm - love of life - ability to love - non-possessiveness - egolessness - in harmony with self and life

Inner message:

This is a sign of good fortune for all those who strive for true inner freedom. It symbolizes your childlike innocence and playfulness. The Clown has realized that any bondage, as comforting and profitable it may seem to the greedy ego, will only lead him astray. He is free to live his truth, free to express what he really is. He has dropped his masks forever. They are no longer needed, because the Clown is wise enough to know that he has nothing to lose. Moreover, he has mentally disengaged from social restrictions of any kind. The spiritual path he points out to you is one of BEING instead of having, possessing, attaching. His way is one of pure enjoyment, just fooling around and having fun, because he has developed the ability to simply not identify himself with anything seriously.

Outward manifestation:

Most Native American ceremonial rituals reserve a place of honor for the Clown - a dancer who mocks others behind their backs in a sweetly hilarious way. The tail of a coyote may be fastened to his hind side, so he can provocatively swish it in front of everyone's nose. He fools around with his mask, hops around other dancers, pulls their hair and imitates their movements. A raucous sense of humor, a sparkling lightheartedness is considered an essential element in these holy invocations. With his irreverent, unselfconscious ways, the Clown makes everyone aware of the need to continuously find a balance between the two extremes every energy comes along with. If we maintain a seriousness that excludes all silliness, we tend to become fanatical. If we neglect to concentrate long or precisely enough, projects don't get the attention they need for further development.

So simply enjoy everything that comes along, without hankering for a tomorrow that might bring you bigger and better. Re-discover the playfully creative element inside you. You don't need to possess what makes your heart sing! Return to the childlike delight of experiencing without holding, the tasting that knows no clinging. Drop all your men-

tal fixations stemming from insecurity. Let the exuberance of the Clown spill over into your daily life and wash away your self-created limitations. Moreover, learn to laugh at yourself sometimes! Start to mambo with the Clown within. Recognize that the Clown's humorous take on life, born from wisdom, surpasses all learnedness.

1. MEDICINE MAN (relates to the Magician)

In essence.

MYSTICAL FORCES - your male component - faith in nature's power - seeing far ahead - intuitive grasp of the truth - flowing energy - the ability and willingness to help - to experiment newly and create outwardly visible manifestations

Inner message:

The Medicine Man tells you that you already are what you seek. As soon as you turn your attention away from ,wanting to become , to the awareness of ,WHAT IS', you get a taste of the meaning of this card. Once you focus on ,SIMPLY BEING' , and renounce the mind's addiction to complicate everything by thinking about it, a new understanding arises. In

the immediacy of unfabricated simplicity your greatest talents are revealed. You recognize what is true power, genuine creativity. Your growing awareness of the miraculousness of your existence gives you faith in the workings of the Great Mystery. And this faithfulness makes you capable of using the powers you once feared correctly. Gratefully accept the assistance that is offered to you now.

Outward manifestation:

The fathomless strength of your internal Medicine Man supports you. So dare what must be dared now, no matter whether it is job-related or concerns an affair of the heart. You can accomplish more than you believe! You are much more than you know! Your true being exists beyond all human imagination. If you allow your mental doors to open and step into the unknown with your whole heart and determination, your outer life will flourish in unknown ways too. Here is your chance to heal, internally and externally, as you go beyond your self-imposed limits. Become aware of your inner power! The power of your internal Medicine Man lies in his faithful observance of nature's laws, since they reflect the power of the Great Mystery. But his greatest strength is found in the openness and clarity of his perception. This is your key to his innermost treasure.

2. MEDICINE WOMAN **(relates to the High Priestess)**

In essence:

INTUITION - soulfulness - your female component - initiation - healing - love for mankind - prophecy and clairvoyance - visionary power

Inner message:

Medicine Woman symbolizes your feminine powers, the soulfulness within. By flooding you with intuitions, she initiates you into her many mysteries. Among other things, she can start and accelerate healing processes. Once you submit to this energy within you, you will also be healed. Holy comes from healed; wholeness is revealed through healing. Initiation in this case means to be introduced to your own healing powers. These spring from the deepest and highest dimension of our consciousness. Relax deeply, and a miraculous healing knowledge will arise spontaneously. The more playful and flexible you are when receiving intuitive insights, the more accurate your forecasts will be. The more silently alert you become, the more directly and clearly your intuition speaks to you.

Outward manifestation:

Intuitive powers can affect your life only when you give them enough room to unfold. What Medicine Woman stands for cannot be forced or conjured up. To let her affect the course of your daily life, you must first recognize your negative thought patterns and consciously let them go. Only then will it be possible to drink from the well of intuitive wisdom that is seamlessly connected to the source of all life, wherever it manifests in the universe. The wisdom that arises from the Ground of all Being is limitless and eternal, indescribable, beyond words. To wake up to it, a lot of attention has to be directed within. To be healed internally, love needs to be found within. Your path is to follow your intuition.

3. GRAND MOTHER **(relates to the Empress)**

In essence:

CREATIVITY - caring - productivity - the power of mature femininity wisdom - heart-felt empathy - compassion - love - protection - understanding - safekeeping

Inner message:

True compassion is a gift from the divine. Whoever is graced by it, is released from suffering. The heart can't help but open itself to compassion's touch and reflect love back in gratitude. This power exists within you as well. Let it reveal itself. Let your inner love-light become visible. Just open yourself to the source of your feminine powers. THE TIME OF THE WOMAN IS NOW! And so it is time to lavish all the respect and love you've got on your own female aspect, your inner soul force. Who will embrace you, if you refuse to? Who will accept you unconditionally, if you don't? Turn toward your feminine forces. Whether you're a man or a woman, turn to cherish the female energies inside.

Outward manifestation:

You're in a perfect position to help others recognize their worth and find a more positive way to live on this earth. Your example is helpful. Most of all to yourself! Accept this responsibility. It may prove to be the greatest blessing of your life. Nothing is more satisfying than to draw from the well of your inexhaustible inner fullness and to let the energy of your heart with all its nurturing qualities stream into the world. Once you start recognizing your own Self in all those

around you, you have no choice but to reveal your full potential. Your heart has been awakened, you have come home and realized your true being. Now live it!

**4. GRAND FATHER
(relates to the Emperor)**

In essence:

PROTECTION - generous benefactor - ruling by serving - position of responsibility - help in moments of need - wisdom - elevation - nobility - courage - authority - reliability

Inner message:

The power of the Grand Father is always alive in us. As soon as you recollect tills part of yourself, its qualities are yours. The Grand Father may also represent the physical father you never had or who was not there for you. Generally he stands for the ability to take matters into your own hands while granting your inner child the certainty that it will be protected and well taken care of. He represents the power of the grown man who has welcomed and integrated his feminine side. This makes him an inwardly complete unity. His intentions are no longer divided, so he can use his full authority for the benefit of beings everywhere.

Outward manifestation:

Drawing the Grand Father to you signifies that it is time to stop hiding your inherent strengths. Reveal them for all the world to see! Respect your inner authority and exude it – even at work. True responsibility is a responsiveness to life. Do not hide from this. You have gathered enough experiences and realizations. Now use them for your benefit and that of everyone else. The ability to grant spiritual as well as material help and protection to others is a tremendous gift. Remember the generosity of the buffalo. He gives of himself, he continuously emanates his strength. You too must give away without hesitation what the Great Spirit has bestowed on you in its infinite generosity.

5. SHAMAN

(relates to the Hierophant)

In essence:

WISDOM - transcendence - intuition – deep knowledge of underlying forces - clear insight into recurring cycles - supernatural talents - otherworldly, extrasensory visions

Inner message:

The Shaman inside you is capable of merging his intuitive perceptiveness with the wisdom of the Elders. Meditate and find out what really motivates you, what your inner core truly desires. Don't waste time trying to fulfill more superficial desires. They can never satisfy your ancient longing. That is not their task. Shift your attention to what is ESSENTIAL. Most essential in your life is your own being. Without knowing the true essence of your being, your heart will always remain empty and dissatisfied. Without recognition of who you are, without inwardly awakening to that, you stumble like a drunkard through a maze of meaningless limitations. Remember your Self! Take the time and whatever space you need to explore your innermost being. For that, you don't have to go anywhere.

Outward manifestation:

Much of what feels no longer right for you is ready to leave or fall away. Be thankful! You may have to go through the pain of disillusionment, but that's in fact your liberation. If you want to awaken to Reality, no spiritual entertainment technique can help you. It is time to face yourself. The Shaman merely reminds you of your spiritual heritage. He points to your source, the unnamable, the

mystery of your existence, the power that created everything and absorbs you back into itself at the end of this life. Contemplate how to best spend your time!

6. THE LOVERS

In essence:

SURRENDER - love in all its aspects, on all levels, platonic as well as erotic - deep merging - dissolving - homecoming - soul mate - bosom buddy

Inner message:

To be able to surrender completely, you must be at the height of your strength. Most people think only the weak surrender. But the opposite is true. You have to have the fortitude to let everything go and fall into Love itself, without expectations, without knowing whether the beloved will respond in kind or not... This can only happen with a vast and all-encompassing faith in love as such. Love is life's most important gift. Don't let it atrophy, even though it hurts too much sometimes. The fire of love is the eye of the needle through which every human being must pass sooner or later. Whoever misses the opportunity remains unfulfilled.

Outward manifestation:

Decide to stay faithful to the love within you. This power does not always flow toward a specific other being. There are many kinds of love. Don't restrict yourself. Just chow your love-and-life-force to flow. This is a good time to become aware of a potential partner nearby. Learn to discern between the energies and desires you project and those you receive in return. Spiritual/emotional love and harmony can express itself sexually, but does not need to for its own fulfillment. Our sexuality is a marvelous gift from nature, not just to preserve the species, but also as a way to experience an intimate surrendering and melting into the divine power.

7. SPIRITUAL WARRIOR (relates to the Chariot)

In essence:

SEEKING - spiritual orientation - the search for your own truth - inner work - self-contemplation - power - self-actualization in the outer world

Inner message:

Follow your intuition, even though you're uncertain sometimes. Focus on what is truly

important now. If you want to find your spiritual direction, you can't struggle with parts of yourself. To find the whole truth, you neither torture your body nor numb your senses. The real Spiritual Warrior is peaceful within. He neither fights himself nor others. His ability to surrender to life and his growing faith in the power of the Great Mystery awakens an understanding so profound, that it makes him invincible.

Outward manifestation:

In Native American tradition, the search for meaning usually stalls with an initial quest for a guiding vision. Alone in the wilderness, each seeker exposes himself to unknown forces without any protection. He patiently waits for a message from the Great Spirit that will determine his future course. The Spiritual Warrior tells you to pay more earnest attention to your inner being, even while working and in all your relationships. When your soul's values permeate your activities, when your work reflects your inner truth, you live in unity. Then you are ONE, undivided, no longer torn between contradictory desires, conventions and opinions. Seek this internal unification. The Spiritual Warrior knows that misuse of power on any level will never lead to genuine wisdom.

8. BALANCE

(relates to Temperance and Justice)

In essence:

LOOKING WITHIN - stillness - equilibrium
- refraining from choosing - waiting - not insisting on anything - change - transformation
- recognizing illusions

Inner message:

When this card comes to you, it is a sign to step back and look within. Sometimes we become so overwhelmed, we must withdraw to regroup. To regain your inner equilibrium becomes imperative now. Your inner being urges you to shift from „doing it“ to „letting it be“. Don't wooly about the consequences. Consciously letting go is the key to all wisdom. Only in complete relaxation will you realize what is real and what is illusory. Physical and psychological relaxation will reveal both, your old patterns and the solution to your problems. In this state you effortlessly regain your balance, your natural centering.

Outward manifestation:

This is not the time to start something new. Make room for a life-review. To see clearly, you need to be still and look inside. As soon as you become more quiet mentally, your ou-

ter activities diminish on their own. Much more energy will become available to you then, and this energy will clarify why certain things have turned out the way they have. It is in your best interest to wait and be very patient with yourself now.

9. HERMIT

In Essence:

MEDITATION - incubation time - silence - retreat - solitude - disengaging - self-remembering - contemplation

Inner message:

An important break is in the offing! A break from all activities. Pay attention to your inner life. That is your path light now. Your energy wants to turn inward, not rush outside. Let it. Don't fight your need for quietness. Intuit what you can do for yourself, what land of relaxation or meditation helps you most. Those who truly love you, will understand and grant you the space you require. Genuine answers to your questions arise from this inner resting place, all by themselves. So give your mind a break and listen to your inner beingness.

Outward manifestation:

It's time to disengage. Say goodbye to the hustle and bustle for a while. Turn all your attention to the inner world. It is not selfish to take some time for yourself! Just the opposite: it is the intelligent and compassionate thing to do for everyone concerned. When you feel good, you are emanating positive, harmonious vibrations. But in order to truly feel good, you must learn to occasionally retreat from EVERYTHING and let yourself be replenished in solitude. Heed the rhythms of your life force, welcome the pauses that renew your strength. Only those who have more than enough can be generous and give it all away. The moment has come to relax so completely, that all tensions dissolve. „Once the inner lake becomes still, you can see through to the deepest Ground.“

10. SMALL MEDICINE WHEEL (relates to the Wheel of Fortune)

In essence:

NEW BEGINNING - promising start - change - success - outgoing energy - completed cycle - gratitude - a new phase begins

Inner message:

The Eagle hovers in the east of the Wheel. He is the totem- or power-animal that furthers your spiritual growth and watches over your path. The Coyote sits at the southern point, reminding you of the innocence of your childhood days. As one of the totem-animals that help you develop trust, he teaches attentiveness to your feelings and how to find inner balance. The Bear is standing in the west. He knows the answers to your deepest questions and points the way to your own truth. The Buffalo waits at the northern gate, symbolizing the all-encompassing wisdom. He teaches what it means to give, as well as the significance of gratitude. The wings of the great white Eagle span the entire circle. He is the Guardian of the Threshold, protector of the sacred Medicine Wheel. The power of Small Medicine Wheel will transport you safely into the new phase of your life. It is an omen of good fortune and fulfillment. It also points to a completion. Something old falls away painlessly. If you listen to your inner being and trust your intuition, the new beginning will be like a resurrection. Which one of the four totem-animals speaks to you most clearly? Listen to its message, start to sense it within you now. You need not verbalize it. Our deepest knowing needs no words.

Outer manifestation:

An important lesson has been understood. Now something full of wonder will unfold. When a cycle has completed itself, your energy field expands to encompass new things. Now you will learn to be more attentive to what develops right from the start, thus gaining a higher perspective, and consequently finding yourself less occupied with superficial things. Allow your consciousness to carry you into the dimension that wants to be explored as you cross the threshold. This is an excellent time to push your work forward successfully, but on a new basis. The power of the Medicine Wheel speaks to you from within, it helps you overcome obstacles and supports you all along the way.

11. LIFE FORCE

In essence:

ECSTASY - elation - passion - lust - eros - orgasmic creativity - the totality of feeling sense of omnipotence

Inner message:

If you allow yourself to be swept away by this wave of immense, divine power, nothing will be impossible! The deepest message of

this card goes beyond all conventional ideas about joy, vitality, even rapture. It represents the source of all these energies. This source is holy, for it surpasses the limits of every classification created by the human mind. It is the profound understanding of our immortality as spirit that causes us to become ecstatic. It is our wild, irrepressibly powerful nature that grants us access to the state of ecstasy, if we develop the ability to recognize the narrow confines of social conditioning and consciously transcend them.

Outward manifestation:

Many are terrified of entering the state of ecstasy because what is generally valued most highly is lost : mental control. At least in our society, control seems to be the greatest virtue, while ecstasy, joy and a passionate appreciation of life in all its movements is ridiculed. 'The more controlled the better' seems to be the fearful motto of mechanical man. However, this card shows you a different way. By trusting your internal emotions toward ecstasy, you will gain surprising insights into all sorts of situations, you will reach a higher perspective that remains unattainable in our ordinary, dull, sleepy state of mind. The arising of this primal force within you gives you a chance to virtually move mountains of

mental and social inhibitions. Restlessly chattering thoughts subside. Your consciousness expands, and your being finally gets a chance to let its energy flow unabashedly. In an ecstatic, orgasmic, freefalling and thus released state, you are closest to the Great Mystery, the awesomeness of simply being alive.

12. VISION QUEST
(relates to the Hanged Man)

In essence:

INITIATION - meditation - surrender - emptiness - patience - change of values, beliefs, viewpoints - new outlook - sincere search for meaning

Inner message:

The message of this card may be one of the most difficult to accept. Not because it is abstract, but because it often seems almost impossible to let go of the opinions and values of the past. Our past is the familiar, the known. It gives us an illusory sense of safety, a kind of identity to which we usually cling whatever it may cost us. Thus our past determines who we are, have been and will be in the future. Past means tradition. Tradition is the illusion of continued stability.

But if we want to truly and effectively embark on a Vision Quest, it has to be with our totality, our whole being. Nothing can be withheld. At first, this process threatens to strip away the very ground on which we stand. We plunge headlong into the inner emptiness. (In older Tarots, the Hanged Man dangles head-down from a branch to illustrate his entirely different outlook on the world). Now we perceive ourselves and our whole life from an utterly unfamiliar position. We are no longer in control. We are in limbo, set adrift. The unknown flings the doors of our perception wide open. It is not helpful to rehash what we know and thus repeat old mind-games all over again. Just as we cannot run from pain, but must pass through it until it dissolves, we cannot run from this major shift in our growth. In everyone's life there comes a point where no escape from the inner 'abyss' is possible. Bravely pass through the eye of this needle. To postpone it, won't get you anywhere.

Outward manifestation:

A reality-check is needed! This is no time to go out and start something new and radical. Your primary focus must be on letting old structures drop away. Don't interfere with your inner growth process, just be aware of what is happening inside. To have the willingness to let go is grace itself. Its is one of the most important steps

on the spiritual path. Without the capacity to surrender and relax our grip, we keep the doors to the inner sanctuary closed. Only a conscious fall into the inner 'emptiness' lets us recognize the limitlessness of our being. And this alone reveals the deeper meaning of our life.

13. TRANSFORMATION (relates to Death)

In essence:

DYING TO BE REBORN - dead process - shedding the past - letting go of old patterns, dogmas, values - 'letting it be' on the deepest level- inwardly resuming to the source

Inner message:

This card does not represent physical death! Every transformation is a new beginning. So don't waste energy on trying to stop the inevitable. You are simply ready to let go of more unnecessary baggage. The card hints at a long overdue disengagement from certain situations, sometimes the departure of people. However, in its highest aspect, this image represents the soul's longing to be born anew. This can only happen when needless structures and mental veils crumble or fall.

Outward manifestation:

Don't cling to a single thing! Allow everything to disperse itself. Even if it seems unbearable at first. You are simply creating more space to accommodate some important newcomers in your life. Your sense of being forsaken will soon turn into joy! But the ego wants to avoid transitions. It fears the new. It tenaciously clings to the familiar. It rather exists in prolonged stagnation and deathlike boredom than surrender to what it can never know - thereby causing much more pain, of course. But you have the courage and understanding to welcome profound changes. Do not postpone this transition. It is a transformation!

14. INTEGRATION
(relates to Temperance)

In essence:

ALCHEMY - creativity - artfulness - union of male and female energies - the spiritualization of matter - finding one's true form - harmony - equanimity

Inner message:

Just when it seems that everything has come to a standstill, the forces of transformation are most active. Refrain from criticizing the

process that is taking place within. You are inwardly busy with the merging of your male and female energies. This brings about the balance you seek. To live a balanced life, these two forces must be integrated into a harmonious unity. Remember the birds depicted on this card. Once the weaving of their forms is complete, they rise up high into the sky and soar freely! This is what is known as 'the spiritualization of matter'.

Outward manifestation:

Don't take a definite position, much less defend it stubbornly. What is going on inside you now, is yet too fragile to be dragged out into the open and killed by explaining it away. Give yourself the freedom of not having to justify the delicate processes of your spiritual development that must take place in secrecy. Respect what is happening in the darkness, far from the maddening crowd. Have faith in its appropriateness. Simply relax and, most of all, be kind to yourself. At the right time the fruits of your internal labor will become clearly visible in your behavior and especially in your work.

15. TORMENT (relates to the Devil)

In essence:

EGO-BONDAGE - attachment - identification with matter - greed and possessiveness - envy - fear - inflexibility on many levels

Inner message:

If you use your energy mainly to fulfill the endless variety of your ego's desires, you tie yourself to an internal whipping post. Look at how you bind yourself - and to what. What notions enslave you? What opinions have you taken on as your own without questioning? Remember how much is simply self-created and re-created by endlessly repeating restrictive thoughts. Example: the thought of not being good enough or not getting enough creates fear. You identify with this bundle of fear, and from now on it colors all your experiences. If you recognize this mental loop, you can break out of it. But not with force, only with more awareness. You stop re-creating the loop by withdrawing your attention and thus the life force it needs to repeat itself. We all keep the restless phantoms of our ego desires alive for so long only because we continuously feed them with fresh energy. Here is your

chance to recognize this bondage and awaken from nightmare.

Outward manifestation:

The outer world faithfully reflects what has a hold on us. Everything you cling to, sticks to you! Possessiveness is just a form of 'being possessed'. You have latched onto something. Energy stagnates. It's flow has been blocked. This is what binds you to the whipping post of egotism. The ego always demands more of 'only the good stuff', and still it will never be satisfied. However you try, it will NEVER be enough! So jump, in consciousness, from 'possessing' to 'making use of'. Then your material concerns will feel a lot less burdensome. The more you have, the more you have to lose. Fear grows in direct proportion to our accumulations. If you remember that we're all guests on this earth and that, too, for only a very short time - the absurdity of 'having to have' is recognized. Allow an inner turnaround of 180 degrees to loosen the ties that bind you to the torture rack. Trust that the power of your inner being will bring you what you really need in life.

16. CHAOS (relates to the Tower)

In essence:

UPHEAVAL - stone - abrupt change - shedding of old values, concepts, ideas, concerns - breaking away from restrictions - walls tumbling within and without

Inner message:

Whether you want to or not, chaos will liberate you from the narrow confines that kept you safe but bound. Revolting against these fateful forces will only intensify your pain. Go with the flow, instead of resisting it! The less you struggle, the easier these necessary changes will become. Test the forces of upheaval. Test the internal (and possibly external) chaos that shakes up your life. Once the storm has passed, you will feel more free, awake and open. Remember, stars are born out of chaos. We only fear this power because we cannot control it. In reality chaos is the raw material of transformation.

Outward manifestation:

Everything is up in the air. Inner inhibitions and outer restrictions collapse without warning. A higher power blasts away your self-imposed mental and perhaps even

tangible prison walls. This may relate to a work-situation that is no longer suitable for you, take the form of a sudden change of address, or end a partnership (one you hang on to like a bad habit). If that is the case, be honest with yourself. All old crutches eventually break. Throw them away willingly! This apparently negative and fearsome upheaval is making room for new and better things. Understand that everything is for your greater good!

17. STAR

In essence:

GRACE - beauty - inspiration - generosity - patience - receptivity - openness - flowing energy - harmony - contentment - gratitude

Inner message:

The ability to give is a gift from the divine. Once you realize how much life is pouring out to you, you cannot help but pass on what you are receiving constantly. You stop holding onto anything. Your life force flows and showers heart-energy on others. This creates a feeling of profound contentment and gratitude, it makes you give away your energy and affection even more freely, without expecting a return from outside of you. And in that you

are fired again to overflowing with ever fresh supplies of divine energy. That's how the circle of giving and taking completes itself. And no one is an island. We are all inter-connected, be it as humans, animals or blades of grass. In reality all forms spring from the same, inexhaustibly generous source. In reality all is one!

Outward manifestation:

Traditional Native American 'Pow Wows' illustrate the significance of the Star most vividly. All clans and tribes gather once a year to celebrate, share news, stories, their good fortune, their pain, and whatever they own. Only the best is offered here, since it is considered an honor to be able to give.

The Star reminds you of your own gifts, whatever they may be. Perhaps you have a talent to listen to others with undivided attention, or to show your empathy and emanate love. These are some of the inner riches you can share, though in some cases a material gift may be most appropriate. Make no distinctions! If you can give full-heartedly, your wealth is immeasurable. Whoever cannot give without strings attached is poor, no matter how much he may possess. With the help of the Star, the power of giving and sharing flows

through you now, touching overs, spreading gratitude all around.

18. MOON

In essence:

THE UNCONSCIOUS - visions - intuitions - the power of life-cycles - fertility - dreams - fantasies - romance - acute sensitivity and empathy - also gloominess (drug abuse) - the 'dark night of the soul'

Inner message:

Your inner lunar power connects you to the most secret forces in nature. If you open up to them, you will be gifted with intuitive insight and empathy. Your feminine energies will come to the forefront. You will be capable of grasping the hidden wisdom of so-called irrational forces. Tune into the subtle rhythms of your life force now. Notice the pulsations on a biological, emotional and spiritual level. All developments take place in definite, continuously recurring cycles, not just the progression from birth, to maturity, to death. Sadness and grief have their place in these cycles, just as much as joy and exuberance. These are merely the two poles of the emotional spectrum available to us. Accept the whole

spectrum! Don't judge, and don't hold on to any state. Recognize emotions as the natural fluctuations of your own life force.

Outward manifestation:

Your emotional pendulum tends to swing from high to low and back again, making it a bit more difficult to function at work now. The Moon advises you to pay close attention to subtleties. Learn to use your intuition throughout your day. Relaxation and meditation will help, since nervousness and hectic activities smother the intuitive promptings constantly arising from deep within. Even a 'dreamy' state can be useful at work, if you don't criticize yourself and allow your energy to move. All discoveries, all inventions and revelations invariably came from the so-called 'dreamy' realms beyond common logic and, indeed, beyond conventional thought. Thoughts may do some of the necessary groundwork, but it is the inexplicable spark of intuition that makes break-throughs possible. This is a good time to connect your rational aspect with the vaster realm of the irrational.

19. SUN

In essence:

EVOLUTION - vitality - illumination - beauty - joyous fulfillment - contentment - bliss - love - ripeness - inner and outer abundance

Inner message:

The light of the sun keeps us alive. Its warmth allows us to exist on this planet. No wonder our 'primitive' ancestors prayed to it as to a god or goddess. To them, the sun most vividly represented the presence of an immeasurable and eternal divine power.

Solar power makes you enter a new stage in life now, a phase of happiness, fulfillment and gratitude. Your inner sun is rising! Its radiance illumines your path. You no longer need help from outside when you learn to trust your inner Sun. That's what all our striving is truly about: to find our own, unique way; to live our own realization, to follow our own inner light. The Sun is a sign that you are very close to this.

Outward manifestation:

With the dawning of a new awareness, everything changes within and without. The vibrations of the coming age are touching you,

altering your outlook, sweeping through your consciousness, freeing it from old thought patterns and the bondage of rigid routines. In this release, your energy wants to dance, to celebrate, to soar in unknown heights, The Sun reflects the pioneering spirit that forges ahead with unflagging optimism and strength for the benefit of all. Surrender to the kiss of the inner Sun! Most of all enjoy this eternal moment of being filled with sheer presence.

20. SPIRITGUIDE (relates to the Aeon or Justice)

In essence:

AWAKENING - revelations - spiritual assistance - psychic experiences - a messenger from another dimension - release

Inner message:

Help from higher spheres is on its way! Your guardian angel or- spiritual benefactor has not forgotten you. Perhaps your memory of these unseen forces has become too vague. Remember! The Mystery is always in us and all around us, yet we ignore it. Preoccupied with thoughts, we sleep through most of our life and wonder why we are unhappy... We are like fishes in the sea that desperately ask ever-

yone where to find water. Let yourself be accompanied now, inspired by the wisdom and compassion of your Spirit Guide.

Outward manifestation:

We often find ourselves in situations where miracles happen before our very eyes. But we don't notice. We have become blinded, tone-deaf, our senses have been dulled. The greater your sensitivity, the more acutely you will feel the presence of helpful influences in your life. That all of us are accompanied by loving beings becomes quite clear once we open ourselves to their input. Be receptive throughout your daily life and work. Once these forces begin to permeate you, you'll no longer be a Sunday-saint. You cannot condemn others when you know that these forces exist in every creature and belong to all. The compassion of angels, the power of our spiritual helpers, can only function in freedom and love. It flows through the innocent, the transparent heart.

21. BIG MEDICINE WHEEL (relates to the World)

In essence:

THE NEW DIMENSION - creation - new paradigm - transmutation - global consciousness - individual awareness - altruism - openness - sharing - recognizing and assuming your rightful place in life

Inner message:

In the center of the Big Medicine Wheel, planet earth is seen spinning, crowned by the Snake that symbolizes the mystical power of creation to constantly transmute and re-invent itself by taking countless forms. The Mountain Lion is known as a sign of spiritual guidance, physical prowess and the ability to follow one's heart. The White Buffalo is most special to Native Americans. It is revered as a sign of answered prayers, renewal and grace. The Eagle always symbolizes the Great Spirit. Its feathers are sacred and have been used by medicine folk since time immemorial during healing ceremonies, to gaze into realms beyond mundane life, expand one's horizon and establish a connection with the unseen world. The human animal is just one part of the endlessly circular motion of Big Medicine Wheel. He is not positioned above nature or any other cre-

ature. It behooves man to remember his place in the great Medicine Wheel.

This card embodies all stages of learning in the visible and invisible worlds. It stands for physical and spiritual rebirth and for completion. Now Big Medicine Wheel encourages you to leave behind your old life-style and embrace the new phase. Let go of your past. Thank it, bless it, but don't carry it around like so much dead weight. What is ready belongs to you will stay and always be available to you. But your past no longer exists, it is a mere memoir that must now give way to an infinitely more fulfilling present. If you wish, you can seize this great opportunity to wake up, to become more conscious and begin a different life.

Outward manifestation:

A major change in your circumstances is likely. The eternal Wheel is turning, showing you a new direction. This may relate to your work, love life or the entire network of your relationships. Don't let the fears and doubts habitually produced by your head hold you back. Something fresh and exciting is almost within reach. Be ready to receive it. Dare to plunge into the freedom of the unknown! Dare to jump into a life of greater beauty and fulfillment.

THE MINOR ARCANA

The court cards and numbered cards

FATHER OF FIRE

In essence:

CHARISMATIC VISIONARY - will power-intensity - pioneering work - striving for freedom - bold action - motivation - also impatience and sometimes hasty, thoughtless action

Inner message:

Follow your inner vision while remaining true to your heart. Let your spirit dictate every action! Risk being completely yourself. Despite all human frailty, you are now able to gratefully acknowledge your many talents and use them to inspire other's participation in new projects.

Outward manifestation:

Time to get cracking! A flaming inner energy is in search of a new, creative outlet. You want to overcome your previous limitations and find new meaning in life. So boldly go ahead and find a truly thrilling enterprise. Just make sure your actions are not just compelling, but accordance with your integrity and common sense!

MOTHER OF FIRE

In essence:

TRUSTING ONESELF - pride - authority - strength - courage - certainty - power to compel and succeed - passion - sometimes arrogance

Inner message:

To grow into genuine maturity is a lifelong endeavor. It won't happen overnight. We must pass through many valleys and scale as many peaks. This card tells you to remember your inherent strength as you get ready to take your rightful place in life. This enables you to make decisions from a position of truly compelling authority.

Outward manifestation:

Your growing fail in your own path and personal development is now yielding rewards in many areas of your life. This inspires the people close to you to further develop their own trust in themselves. By sharing your experiences and radiating your newly found trust in your abilities, you not only reward yourself but others too.

SON OF FIRE

In essence:

COURAGE - passion - creativity - vitality
strength - urge to become free - young love
impetuosity may lead to confusion

Inner message:

A gust of fiery energy, impetus like a summer wind, blows you away and tosses all your preconceived ideas about yourself and life in general up into the air. The Son of Fire is a powerful, steadily losing force that quickens your heart, rekindles your flagging courage and compels you to move on. Be ready to take even the most unusual developments in stride. This is a time where dreams come true!

Outward manifestation:

With the power of this card you succeed without much effort. Your outer circumstances are changing for the better. Obstacles to becoming creative in a new area are removed. One of your deepest desires fulfills itself almost on its own. You feel emboldened by a steadily growing confidence in your abilities. Know you can manifest what you want with this sweepingly enthusiastic conviction.

DAUGHTER OF FIRE

In essence:

SELF-ACUTALIZATION - inspiration - love
- faith - courage - hope - innocence - earnestness and sincerity - also an unwillingness to 'bind' yourself

Inner message:

You feel deeply connected to the spirit in all of creation and should praise heaven for your inner realization. Remember that the oneness of existence includes yourself and remains forever intact - notwithstanding what we believe in or think about others. When we realize this oneness and maintain this awareness in our daily lives, we return to our innermost center.

Outward manifestation:

You are able to vibrate in accordance with your rising power. Just tune into your own rhythms now. Trust the force that animates you! It wants to lift you to high heaven like the smoke rising from a bowl of healing herbs. The greater your faith in the secret forces that guide and preserve your existence, the more surefooted will be your journey. Your path lies clearly before you.

ACE OF FIRE

In essence:

POWER - vitality - transformation - sustained courage - joyously forging ahead - impetus to expand - strong self-confidence

Inner message:

These flames are sacred, not merely a sign of rising strength. They also hint at the possibility of a higher spiritual awakening. You now have access to an internal reservoir of sustained fiery power. Use it to expand your horizons. As you master the tasks that the new phase in your life brings, your consciousness will expand even further - beyond anything you can now conceive.

Outward manifestation:

Forge ahead full steam and with great confidence. For the moment nothing can stop you from manifesting your vision. You are riding a wave of fresh, enthusiastic energy. What you embark on now will be successful, be it a project or relationship. William Blake put it succinctly: „Energy is delights“ Aliveness is sheer bliss. Just being awake of the life force within can make you ecstatic. In a state of exhaustion nothing looks promising because there is no energy left to motivate and uplift. But charged

with high energy, we become aware of the natural bliss that is constantly filling us. Use this opportunity. Flow with this vibrant stream of new-found power!

TWO OF FIRE

In essence:

WILL - dominance - control- confidence in one's power - clear focus - positive action - mastery of a situation

Inner message:

You don't need to manipulate anything in or outside of yourself. If you just stay centered now, everything will tum out well. No self-control is necessary, just a loving connection to your real being. If you entrust yourself to its greater will, your conscious volition effortlessly moves and does what is needed at any given time.

Outward manifestation:

Positive events occur by themselves if you stay calm and collected now. When your life force can flow without your willful interference, you are on the right track! Your present task is to find the good will that nature gave you and let it do the work you used to take upon yourself.

THREE OF FIRE

In essence:

INTEGRITY - innocence - being in the heart
- simplicity - natural confidence - valuing
oneself - clarity - sincerity

Inner message:

If you let the innocence of your heart come to the forefront, most worries simply fall away. Once you accept yourself just the way you are, competitiveness and envy cease to dominate. Your path to freedom is found in the clarity and simplicity of your heart.

Outward manifestation:

The fear of not getting enough if you don't put in constant effort, can finally dissolve. You realize that the most important things in life arrive on their own accord, not because you earned them! Let your heart lead you to the people and circumstances you need to continue growing gently and easily.

FOUR OF FIRE

In essence:

COMPLETION - change - settlement - successful conclusion as much as a positive beginning - harmony

Inner message:

Something important is reaching a point of fruition and therefore conclusion. Accept that everything in life has a beginning, a middle and an end. Welcome the fact that every process, every situation, contains its own dissolution.

Outward manifestation:

By consciously going through a certain situation all the way, you become capable of finally letting it go completely. As the incense of healing herbs clears stagnant vibrations in the atmosphere, you too must let yourself become inwardly empty and clear in order to welcome the new. (If you have asked about a relationship, this card signifies the possibility that it may soon change profoundly).

FIVE OF FIRE

In essence:

STRESS - quarrel- disagreement - power - trips - agitation - ambition - competitiveness

Inner message:

When an onslaught of some kind has thrown you off balance, turn your attention to what goes on inside. Emotional stress and the pressure you feel coming from outside are actually manifestations of the quarrel that takes place inside you when dueling values and beliefs clash.

Outward manifestation:

Life reflects what goes on inside you at any given time. If daily life causes too much stress and anxiety, stop and take a moment to find yourself again. Fighting will only cost you more energy. Remember there is a very private room inside, filled with peace and calm. This sanctuary always remains open to you.

SIX OF FIRE

In essence:

VICTORY - clear seeing - break-through - successful endeavor - fortunate ending - positive development

Inner message:

Now enjoy the fruits of your labor without thinking twice. The strength and joy radiating from you are the outpouring of an inner harmony, a genuine contentment. Open yourself completely to this influx of power!

Outward manifestation:

This is a good time for a new beginning. Something positive and productive will result. You can trust your gut-feelings and take the steps you have been longing to take for a while. Your growing ability to be patient and let more things happen of their own accord is the sweetest fruit of your worldly success.

SEVEN OF FIRE

In essence:

ENDURANCE - stamina - bravery - perseverance - remaining in the present - breakthrough - centering

Inner message:

Do not identify yourself too much with problems in your environment. Even if you feel shaken and insecure, you can rely on your inner being's unwavering presence. This is not a time to give up and resign. Use the obstacles in your path as an opportunity to grow in consciousness, instead of telling yourself they must be insurmountable.

Outward manifestation:

Even if a certain situation demands some pushiness on your part, it will serve to strengthen your self-confidence. What matters is staying faithful to your own truth now. Here is your chance to stand up for what you believe without compromises. Stay centered, focused and allow things to untangle themselves. Your courage is a flame that cannot be extinguished!

EIGHT OF FIRE

In essence:

INSIGHT - a light goes on! - seeing through - quick assessment of a situation - productive communications - effortless sharing - spontaneous changes - moving on

Inner message:

Much is becoming clear to you now! Your inner channels are open, enabling you to be frank, honest and - most important of all - speak from your heart. On a personal level you are in a position to clear up an important matter. Since you have nothing to hide or protect, you can share your insights lovingly.

Outward manifestation:

Clear ideas and practical suggestions will move what has long been stagnant in the right direction. If you don't insist on your own vision, but dare to see through the eyes of everyone involved, an agreement will be reached rapidly. It doesn't matter WHO comes up with the best idea! What counts is that the matter gets resolved to the benefit of ALL.

NINE OF FIRE

In essence:

INNER STRENGTH - breaking through - growth - courage & resolve - concentrated energy - hidden forces made conscious

Inner message:

Just as the seed sprouts green leaves out of nowhere, you can trust that your own hidden

strengths will sprout. You know they exist within. All you need is a little more patience and faith in your inner growth process. The new power arising within you expands your comprehension of where you stand.

Outward manifestation:

A deepening trust in your own growth process allows you to become creative in a new, more fulfilling area. Your energy is high enough to let you find better ways to express yourself and get things done. Enjoy these 'high times'! Appreciate the clarity this upsurge of energy brings to your perceptions.

TEN OF FIRE

In essence:

OPPRESSION - resistance - stagnating life force - internalized aggression - fear of self-realization - fear of possible loss

Inner message:

When this cad comes to you, it signifies that you are 'sitting' on your energy - your own life force. Since you are holding on tight, it can't flow. Examine the area in your life that may be stagnant. Realize you have nothing to lose if you slowly start to dissolve these inner

tensions with some physical exercise, deep relaxation and meditation.

Outward manifestation:

You can't move ahead if you hold your own energy back. What circumstances in your life are reflecting your inner resistance? What inside you refuses to be detected and expressed? What don't you want to show? What inhibitions are stopping your power from flowing freely? In the long run, blocked energies cause gloominess, lack of courage, a sense of meaninglessness, and finally depression. Be aware of this cycle. Take heart, and let your life force flow as it wants to, without fear of the consequences.

FATHER OF WATER

In essence:

SENSITIVITY - perceptiveness - psychic receptivity - patience - inner knowing - intuitive thought processes - artistic talent - sometimes fogginess in the face the ungraspable

Inner message:

Follow your intuitive insightfulness! Heed its subtlest intimations, even if you can't put them into words. Direct insights happen wi-

thout words. It is a mistake to believe that only what is expressible can really be true. The truth exists beyond all expressions. The Mystery all around us is so ungraspable that our limited concepts can only point to it. Now trust your most delicate feelings. They speak to you more clearly than any words.

Outward manifestation:

Your non-judgemental perceptiveness makes others seek your advice. Don't be shy. Use this talent to enhance your environment or business. The desire to share your intuitive knowledge with others is a genuine desire to comfort and assist.

MOTHER OF WATER

In essence:

COMPASSION - great empathy - warmth - readiness to help - intuitive powers - healing - clairvoyance - sometimes world-weariness and martyrdom

Inner message:

Mother of Water represents the natural powers of your feminine aspect. She urges you to pay more respectful attention to these subtle, fluid powers; to value them just as highly as

your, tougher, masculine qualities. She shows you just how much the balancing of the male-female forces will contribute to your emotional security and overall serenity.

Outward manifestation:

A situation demands your intuitive insight. To deal with it effectively, you must rely on your feminine qualities. By trusting these, you will not only understand yourself more thoroughly, but everything connected to the situation too. Your conscious passivity and heartfelt empathy will reveal an entirely new perspective on things. This viewpoint gives you what is needed to proceed.

SON OF WATER

In essence:

SENSUALITY - eros - charme - sexuality - attracting or tempting power - magnetism - sensitivity - tenderness - creativity - also moodiness, fickleness or promiscuity

Inner message:

The force of erotic attraction is one of the most mysterious and creative. Now you must learn to handle its irresistible but unpredictable power as consciously as possible. We are

not its master! It courses through us, wanting to be used appropriately. Become aware of your impact on others and what you do with it. Respect people's vulnerability and stay within the boundaries dictated by loving consideration. Otherwise your charms will drive many more to utter distraction!

Outward manifestation:

You can use your abilities to take unfair advantage or decide to be wise enough to consider other's welfare too. The latter would be closer to your heart. Your acute sensitivity won't allow you to abuse others, even subtly or half-consciously. Learn to use your intuitive gifts alertly, compassionately, in all your interactions. This will benefit you most.

DAUGHTER OF WATER

In essence:

ROMANCE - loving aspirations - yearning - enchantment - poetry - dream world - willingness to surrender - attachment - affection - also emotional pain

Inner message:

This card depicts the endless longing of the soul to be immersed in the beauty of love

(and therefore life) over and over again. Your most delicate feminine qualities are searching for an expression. You long for true intimacy, to be cherished in loving recognition. Let yourself be led by your deepest stirrings now.

Outward manifestation:

You want to pour the full force of your love into a relationship, to be swept off your feet, to dissolve completely in love. Never let this longing be put down or ridiculed by anyone! Life is all about letting out love-force flow unabashedly and leaning to trust its course. If you have no partner at this time, let nature be the one who allows you to feel the sweetness of dissolving into a divine union with the miracle of life itself.

ACE OF WATER

In essence:

FERTILITY - emotional overflowing - love - fulfillment - happiness - gratitude - connection to the very source of being

Inner message:

The source of life is so juicy, it fertilizes everything. Since you are no longer intent on being paralyzed by fears of separation, you

are ready to get in touch with the life-spring inside you. Simply fall into the inner juiciness that wells up on its own accord, as you will notice from now on. Allow all feelings to arise and dissolve. No judging them! Feel them completely, without struggling to avoid or cling to them. Then there will be harmony within and without.

Outward manifestation:

Your feelings can flow much more freely now and consequently change your life-style. By openly showing what you feel, you 'speak' the magic words that open countless doors. To admit your true feelings is to permit the exchange of the love that everyone longs for. Your task is to keep the channels open so this nourishing energy can flow. Just as the chalice filled with life-juice will never be drained, a steady stream of loving power flows through you - a never-ending stream of vital energy.

TWO OF WATER

In essence:

LOVE - harmonic convergence of male and female forces - bliss - spiritual ecstasy - growth - friendship on the highest level - kinship of souls

Inner message:

This image represents an openness to the highest form of love and your growing readiness to live that way. These gently joining hands represent two souls touching one another subtly, in perfect harmony. This kind of loving connectedness may but need not find a sexual expression. It is complete in itself. It gives without expecting anything in return and gratefully receives what is given.

Outward manifestation:

Your willingness to love without creating even the most subtle chains for your partner will bring you the success you have longed for on every level. You have a genuine desire to go beyond anything you have felt before, to discover the spiritual essence of life and, therefore, your own true purpose. The ability and willingness to love selflessly is a major part of this quest.

THREE OF WATER

In essence:

FULLNESS - overflowing on all levels - peak experience - celebration - delight - having it all - withholding nothing

Inner message:

Now you are ready to celebrate! Everything bears fruit. All things go your way. Energy is welling up incessantly, filling every bowl in your house to overflowing. Enjoy what is offered this instant, while staying open for new surprises. Make no rules about what must happen next, and don't let your fears hold you back at all!

Outward manifestation:

Events and circumstances you have long been hampered by, now rapidly move toward their final, fruitful resolution. You can let go of the old, oppressive stuff. Without hesitation and guilt, let yourself fall into this delightful pool of inner - and perhaps already outwardly manifested - fullness.

FOUR OF WATER

In essence:

ABUNDANCE - plenty - the temptations of luxury - wealth - fleeting gratification - voraciousness - impending change

Inner message:

Something inside you has reached a crucial point of ripeness. Your cups are completely full. And now you begin to understand the significance of this card: what is full to the brim will be emptied, naturally. Whenever there is a high point of plenty, there is a change, and in time, a return to the 'emptiness' from which it all came to begin with.

Outward manifestation:

Fullness and abundance, marked by a situation reaching its peak. In an important area of your life the height of success has been reached. Now circumstances will change (this doesn't mean failure, though!). Your momentary satisfaction already feels a little stale as you look ahead. This kind of gratification must be losing its grip on you... Outer riches and success in business no longer provide the desired inner fulfillment.

FIVE OF WATER

In essence:

LOSS - disillusionment - melt-down - leaving the old - instability - pain - possible separation - torment caused by misinterpreting one's actual situation

Inner message:

The veils of ignorance are being lifted. An illusion you have created and clung to now slowly dissolves, as it must. Be brave, this is the beginning of an internal liberation. If you really don't want to, you don't have to suffer. This is nothing more than a helpful wake-up call. Welcome it!

Outward manifestation:

A situation changes without warning. It is useless to fight against the tide. Simply let go what doesn't want to stay with you. Whatever you lose now has never truly belonged to you anyhow. This profound and at first very painful insight gives you a new kind of stability and much greater clarity about your true feelings.

SIX OF WATER

In essence:

PLEASURE - positive development - well-being - contentment and happiness - fun - success in love - inner relaxation - natural harmony

Inner message:

Now you can relax, let go of those mental and emotional tensions. Your life force is flowing calmly and sweetly, nourishing your whole system, helping you regain your inner equilibrium quite easily. Allow yourself to enjoy life a whole lot more. And on all levels.

Outward manifestation:

So much is possible now! You are ready to tackle new projects with confidence, thus succeeding without a lot of stress. You may even enjoy your daily routine. Seize this happy moment to clear up some emotional matters with friends and loved ones. Establish a new basis from which to proceed. If you honor and treat yourself well, you will treat others accordingly.

SEVEN OF WATER

In essence:

EXCESS - wastefulness - emotional depletion - loss of strength, through denial - illusory success - possible self-deception - indulgence

Inner message:

This card signifies neglect of oneself and one's resources. Something is zapping your vital

energy. To let yourself go down the drain is not the answer here. Further neglect won't accomplish anything. Beating up on yourself emotionally won't help either. Carefully observe how you treat yourself. Then your course will become abundantly clear.

Outward manifestation:

To find your own truth and get back on the right track, you have to stop playing games of self-deception. Whatever you refuse to see or acknowledge inside you, manifests in your environment with undeniable force. Take responsibility for the situation you have created for yourself. When you are willing to do that, a solution will emerge a lot sooner.

EIGHT OF WATER

In essence:

STAGNATION - standstill- energy block - strife - worries - listlessness and sadness - depression - separation

Inner message:

Nothing works... at least that's how it seems right now. Because the free-flow of your energy is blocked by tension, a prolonged inner stiffening, sadness arises along with heaviness

and feelings of oppression. Let go of your old, burdensome ideas of who you have to be, or how you have to feel and live your life.

Outward manifestation:

Struggling against the current of our inner life force seems to strengthen the ego for a while, but in reality we merely violate ourselves. If you refuse to pay attention to the pressure your unacknowledged feelings exert within you, the pressures in your outer life will intensify. Sit quietly and let the energy knot soften within you. Move your body, and allow your true feelings to come up to be dispersed. Then your vital forces begin to flow again very quickly.

NINE OF WATER

In essence:

JOY - upsurge of power - exuberance - thankfulness - great receptivity and freedom - experiencing happiness and spreading it

Inner message:

Now you can show your unacknowledged love for yourself and others openly. Thus, the gate to a completely new life-style opens. Fully enjoy what comes to you. Moreover, be grateful for

what you already have. The power of your natural, unfabricated joy rejuvenates your heart.

Outward manifestation:

The joy of simply being alive spreads itself in ever widening circles. No pushing on your part is needed. This is a great time to be creative. Let what is arising inside you take form. Genuine joy constantly breeds more joy, infecting all those you touch. So keep the inner channels open. Don't block them again with memories of your dead past!

TEN OF WATER

In essence:

FULFILLMENT - completion - endowment
- attunement - ultimate satisfaction - radiant
manifestation of divine power - blessed state

Inner message:

If you can stay open now, you will be given so much that you have no choice but to rejoice. But we are less familiar with bliss than with suffering and sometimes have to learn how to bear a sudden influx of tremendously fulfilling energy. To rediscover yourself as a child of pure Love in a paradise of your own making is a healing vision. It is grace.

Outward manifestation:

Accomplishment, unqualified success! Generosity in your feelings, thoughts and actions will enhance your feeling of satisfaction even more. In this state, other people's successes instantly become your own. Hold on to nothing now. Just flow along with this blessed power. There is enough for everybody! Clinging to people and objects as we have all been taught, turns even kings and queens into beggars. Discard all feelings or ideas of lack and enjoy.

FATHER OF AIR

In essence:

MENTAL STRENGTH - intelligence - clear thinking - astuteness - focused intention
- decisiveness - quick-witted intellect - sometimes being caught up in the head

Inner message:

Trust your perceptiveness! You know better than anyone what is right for you and what is not. Stop avoiding a matter that can be cleared up easily with a few insightful words. You have the mental and spiritual strength to make positive changes right now. Focus your mental powers on a 'merger' with your heart.

Then your heart will give your intellect two evenly balanced wings!

Outward manifestation:

Now use your intelligence to consciously pursue some genuinely fulfilling goals. You have the verbal skills and mental sharpness to get what you want. But it is no longer enough to outwit others for your own gain. You are ready to employ your considerable mental prowess in a more conscious and respectful manner. Your passionate desire to do what is good and right for all will be gratefully acknowledged by those who grudgingly admire you.

MOTHER OF AIR

In essence:

SELF-AWARENESS - intelligence - inspiration - self-respect - confidence - inner strength - clarity - creativity - courage

Inner message:

This image depicts your strength to be who you truly are. Not who you are supposed to be, should have been, or what others would like to make you become. Your self-confidence has been awakened. With it awakens the courage to drop your masks once and for all.

This is the only way to return to your own inner center.

Outward manifestation:

You have the intrinsic courage to express yourself with unmistakable clarity and to take your rightful place in life. This doesn't mean pushing anyone out of your way. You are learning to be more kind to yourself, no longer trying to please everyone else fast. Thus you disengage from preconceived ideas and the prejudices you may have bought into. Now you are recognizing your absolute worthiness. Just begin to behave accordingly. By respecting yourself, you are showing others how to treat you. If you honor and take care of yourself, other people will respond in kind!

SON OF AIR

In essence:

REBELLION - urge to be free - vehemence - restlessness - inner conflict - mental agitation - the vain attempt to fulfill ego desires

Inner message:

The 'liberation phase', where one breaks away from ones own habitual drought patterns and those of others too, is one of the most import-

ant steps in growing-up. This phase cannot be bypassed. With unflinching clarity you have to recognize that struggling with your own inner world, your own phantoms, projections and identifications, will get you nowhere. Once you have seen this for yourself, the inner battle ends. You realize it was you, who projected the movie now playing on your internal screen.

Outward manifestation:

Thoughts, when not supported and tempered by the heart, are not endowed with positive, life-giving power. Right now it is best to refrain from carrying your misgivings out into the world or involve more people in your resistance fight. Accept the message of this card and ask yourself what exactly you keep on fighting within yourself. Slowly learn to stay centered, even in the midst of chaotic activity. Learn to rest in the stillness within, the silence that clarifies all things for you.

DAUGHTER OF AIR

In essence:

SELF-LIBERATION - emancipation - freedom-loving spirit - awakening intuition – tuning into one's own inner power – sometimes confusion between thoughts and gut-feelings

Inner message:

Your inner amazon now wants to find a clearly defined direction. She refuses to stay submissive. She insists on being fully herself, whatever it may cost. A profound longing for your own inner truth demands your undivided attention. You are well on the way to finding yourself.

Outward manifestation:

With awareness and a little skill you can steer the immense powers of your feminine energies in a positive direction and understand their nature more deeply than ever. First drop all negative judgments about your apparent shortcomings. Your energy turns 'acidic' when you insist on maintaining a fixed position with too much vehemence. Wild mental horses will drag you away as long as you don't know how to tame them with love. So stay alertly flexible!

ACE OF AIR

In essence:

INSPIRATION - divine coincidence - higher insight - natural intelligence - mental clarity - intellectual peak performance

Inner message:

The carousel of thoughts that spins around endlessly in your head with or without your consent, now slows down enough to let higher inspirations come through to you. By trusting hunches and inner revelations and faithfully acting on them, you are led to your own true self quite easily. One of the greatest gifts is the state of serene equanimity that follows a moment of inspiration. This experience gives you the certainty that you are on the right track.

Outward manifestation:

No time to waffle, or compromise! Your new-found clarity enables you to discern between what is needed and good and what is useless and inappropriate at this time. Since you have found your inner balance, you can act decisively. Problems will be assessed and solved much more easily from now on. Confidently make the decisions you have thought about for a long time. The answers are now obvious.

TWO OF AIR

In essence:

INNER PEACE - union - beauty - friendship - harmony - good fortune - contentment

Inner message:

You are ready to find peace by diving into the silence inside you. This very moment reveals that the inner silence never leaves you. Even though your external being changes and renews itself constantly, the silent space of inner peace remains unaffected. You just have to remember this space, and it opens up for you.

Outward manifestation:

It is now possible to finally put a difficult situation to rest. Seize this opportunity! Prolonging the conflict won't solve it. Go for a loving settlement instead. Your new-found inner harmony causes outer circumstances to find their own way of settling - and much more peacefully and beautifully than you could have contrived.

THREE OF AIR

In essence:

DOUBT - anxiety - uncertainty - fear of loss
- worry - confusion - regret - the sense of
abandonment

Inner message:

Just because your thoughts incessantly repeat an old, nattering worry-program in your head, you need not give up all hope. Give yourself the time to internally take a step away from these whirling thoughts. Then you will see for yourself how 'solidly real' any thoughts can be. Once you recognize the nature of this thought-program, you have removed yourself from it. The path to inner clarity is mental relaxation - also known as meditation.

Outward manifestation:

As long as you doubt yourself, it is wiser to remain quiet, instead of jumping on some new distraction, however tempting it may look. Since the fearful mind just swings from one extreme to the other without ever reaching a decision, you better wait for an answer from your heart. Train in the art of being patient. As soon as a certain inner equilibrium has been reached and clarity returns, the new direction reveals itself to you.

FOUR OF AIR

In essence:

CONTEMPLATION - pausing - waiting - abstaining - not-doing - quietly reflecting - collecting one's thoughts - dropping out of the rat-race

Inner message:

Doing nothing is most helpful at this point. To truly be quiet, giving everything a rest, without any interference at all, is one of the greatest art-forms. By simply waiting and patiently watching what happens, you will gain the insight that is necessary. A little break from all activity helps you to inwardly detach. This conscious retreat renews your ability to concentrate.

Outward manifestation:

A work project or relationship has now reached a point where a measure of detachment is needed. Frantically trying to keep things going is a waste of your time. Collect yourself inwardly, instead of dissipating energy. You are advised not to take sides, thus getting more deeply involved in a conflict. This is an opportunity to realize that certain developments have a positive outcome even without our deliberate input or intervention.

FIVE OF AIR

In essence:

FEAR - mental agitation - confusion - trepidation - self-doubt - relationship trouble - thoughts of abandonment

Inner message:

This card reflects the fear of inadequacy and possible failure. At the same time it reminds us to take a deeper than usual look at fear. The existential fear we all carry around with us in one form or another can only be discharged by seeing through it completely. If we direct our attention at fear WITHOUT identifying with it, fear dissolves on its own. Become aware that you are not your fear!

Outward manifestation:

This is a good time to make far-reaching internal changes. Turn around to look within. Realize that blindly rushing along will only lead to further conflicts and entanglements. Only by moving away from a challenging situation, inwardly as well as outwardly, can you get calm enough to see through it and thus get a much better handle on things.

SIX OF AIR

In essence:

CLARITY - intelligence - insight - creative vision - equanimity - inner balance - direct knowledge

Inner message:

The more you know yourself, the clearer your insights into your relationships become. The more attention you pay to your own inner truth, the more loving your communication with others will be. Once you have stopped struggling with yourself, harmony and wisdom prevail.

Outward manifestation:

This is a great moment to gain clarity about a problematic situation. Confidently express your preferences in an important matter without becoming manipulative. Conflicts will be resolved as long as you are willing to be alert enough to remain true to your heart. By showing what values you cherish and what is important to you, others find the courage to admit their truth as well.

SEVEN OF AIR

In essence:

FUTILITY - negative expectations - discouragement - rigid thought patterns - survival fears - resistance to the inner emptiness - fear of the unknown - collapse of illusions

Inner message:

If we don't become keenly aware of them, the behavior patterns we grew up with continue to dominate our life. The fear of being inadequate, unable to accomplish anything worthwhile, is usually a hang-over from the past. Recognize that the negative thoughts tormenting you over and over again, truly have nothing to do with your present situation.

Outward manifestation:

If you wallow in your negativity long enough, it should come as no surprise that you attract what you fear the most. Then even the outside world will oblige you by getting more scary! As long as you don't know how to get out of a trouble-spot, keep quiet. Inaction is better than any action on your part now. A deeper understanding arises through patience and forgiveness, especially when it comes to yourself.

EIGHT OF AIR

In essence:

INTERFERENCE - interrupted energy flow - inhibitions - being in the head too much - misgivings and worries - stagnant forces - unforeseen obstacles and challenges

Inner message:

Your brain can't decide for or against anything right now. Actually, there's no need to solve all your problems at once. Thoughts have their limitations, they get you only so far. Now relax and let everything that threatens to overwhelm you drop off for a moment. Then see what arises.

Outward manifestation:

A situation demands to be cleared up. But there may be obfuscation or a delay caused by unexpected outside interference. Detach! It is wiser to step back. Simply wait what happens. At the moment you are not the only player on that stage. Others may have totally opposing agendas and views. So watch what develops from a certain distance. A delay often reveals a more creative solution. Don't push for a decision now! From confusion arises only more confusion.

NINE OF AIR

In essence:

HURT - vengeance - anger - self-condemnation - suffering - agonized thinking - unwillingness or inability to forgive oneself and others

Inner message:

This card warns you that it is high time to look at what you are doing. For how long have you clung to something that you know is detrimental to you? Why do you insist on hurting yourself this way? Why won't you allow the old wounds to heal? Watch the thoughts you use to torment your own being. Remember the answers you alone carry within you.

Outward manifestation:

You are responsible for what you make of your life. No childhood pain, however severe, can still be used as an excuse not to be kind and forgiving today! Investigate the real source of your guilt feelings. Your work and your relationships can blossom only if you accept yourself exactly as you ARE right now.

TEN OF AIR

In essence:

NEGATIVE THINKING - unwillingness to let go of negative mind-loops - clinging to self-destructive notions - doubts and existential fears

Inner message:

Sometimes you create your own hell just by repeating hateful thought patterns. There is no hell outside of you. Hell and heaven are internal states of mind. We create them. This power and responsibility cannot be placed at other people's doorstep (even if that feels more comfortable). Become aware of how you think about and treat yourself.

Outward manifestation:

No new seeds should be thrown onto this field of doubts. Straighten yourself out first. Try not to hold on to past offenses. Clinging to a mental position robs you of your strength. Become aware of how your mind-loops drag you ever deeper into the muck, especially in work-related matters. Fresh air, exercise and regular relaxation will help you jump off this downward spiraling carousel of anger, worry and pain.

FATHER OF EARTH

In essence:

RELIABILITY - diligent work - harvest time
- strength - thoughtfulness - benevolence -
insistence - stability - discipline - sometimes
rigidity

Inner message:

It is important to strengthen your contact with the earth now, meaning a certain amount of grounding is needed. This will give you greater stability and inner firmness. Just the thought of being able to rely on your inner self can renew your strength. Focus on your earthy⁶ qualities at this time.

Outward manifestation:

Feel in what area you need more grounding. In order to complete an unfinished project, you need a sense of safety as well as internal stability. But work just for work's sake is not energizing enough, merely a burdensome necessity. Soulful work - work you don't even consider as such - provides the satisfaction you seek. That kind of energy investment strengthens your self-confidence and gives you the faith that you are on the right track.

MOTHER OF EARTH

In essence:

CARING - kinship - nurturing - generosity - physical health - fertility - connection to nature - sometimes needless self-sacrifice

Inner message:

It is essential that you tune into your body right now and listen to what it needs. By taking better care of yourself, you strengthen your entire network of connections and relations. Begin by being very kind to yourself, then the circle of giving and taking will at last become complete. Then there is harmony all around, and you will feel the added strength you sorely need to fulfill your worldly responsibilities.

Outward manifestation:

To care for others takes a lot of strength. Therefore, it is essential to maintain a healthy balance. Nobody is better off when you collapse just because you can't stop helping everyone in need. Your task now is to find a resting point within yourself. Even though an infinite power resides within you, a human body can go only this far. Kindly respect its natural limits, then you will have all the strength in the world at your disposal.

SON OF EARTH

In essence:

TRUST - serenity - being considerate - enjoyment - love of nature - endurance - earthiness - faithfulness - sometimes too inflexible

Inner message:

Complete ripeness! The fruits of internal and external labor are yielding a bountiful harvest. You are the beneficiary. Share this wealth with everyone. You will enjoy your success even more if you include others!

Outward manifestation:

Satisfying results are achieved. Your work is shaping up nicely. You have invested your energy in a worthwhile manner. It is all right to be proud of yourself for once! How else can one learn to appreciate what anyone has done? It is important to acknowledge yourself for a job well done. You have placed a seed into the ground and faithfully tended to it. Nature's power has allowed it to grow, and now you are harvesting a ripe fruit. This image does not pertain to the physical plane alone.

DAUGHTER OF EARTH

In essence:

CREATIVITY - pregnancy and birth - patience - female powers - beauty - talents - fine arts - manual skills - sometimes clinging to the values of the past

Inner message:

You are pregnant with yourself! Unused talents are now about to emerge and bloom. Give your inner creations room to outwardly manifest. In order to do that, you need some peace and a whole lot of patience. Everything else is well and ready. What grows within you will develop beautifully, if you just listen to what it needs and follow your own life's rhythm.

Outward manifestation:

An extraordinarily creative phase begins for you - and on many different levels. Even the desire to have a baby may become quite powerful. Check your motivations! See, whether your longing can only be fulfilled by a physical child. Discover what nurturing really means to you. Paintings, letters, sculptures, music and poetry, or a lovingly tended garden are your children too. All are forms of expressing your love and sense of aesthetic beauty. All are ways to enrich the world.

ACE OF EARTH

In essence:

MANIFESTATION - giving form - incarnation - spirit informing matter - laying the foundations - stabilizing - nourishing - safe-keeping - taking roots in Mother Earth

Inner message:

The ability to give form to your most cherished dreams and visions already exists within you. This Ace is a sign that you have laid some solid foundations and are ready to build something worthwhile on the material plane. Plans and ideas can take shape without too much effort or interference. Don't hesitate! Don't dawdle. The time to do it has arrived!

Outward manifestation:

Plans that may have been put on the shelf for quite a while get the green light. Whatever you start now is likely to be well-founded and enduring. Your relationships also profit from this inner push to get something done. It is time to give form to the things you have internally worked on for so long. A lucky star shines on all your endeavors. Trust your manifesting powers.

TWO OF EARTH

In essence:

CHANGE - allowing a transformation - attunement of forces - flowing along with life - non-attachment - easily letting go - renouncing the need to complicate

Inner message:

Once you are in harmony with yourself, life's constant changes are experienced as perfection in action. Then what is old naturally gives way to the new, and without unnecessary struggle. Worries about your material security diminish as well. If you don't willfully interfere, the acceptance of changes becomes effortless and thrilling.

Outward manifestation:

Every change, every passing, every turnaround in life potentially strengthens your self-confidence. Both, 'success' and 'failure' are great teachers. Today you are receiving the 'red carpet treatment'... tomorrow someone else will. Not to identify too strongly with either experience is genuine wisdom. This is earned by remaining alert, consciously vigilant. Once you see through the game, you are free of it!

THREE OF EARTH

In essence:

GROWTH - productive work - enhanced creativity - patient vigilance - precision - concentration - break-through

Inner message:

If you steadfastly concentrate on what you have planned, without become blinded or distracted, you can use this rising strength very fruitfully. Just as there are times to celebrate and do nothing, there are phases where work gets done with great ease. This is such a time. Make use of it!

Outward manifestation:

Simply concentrate on your work and what you have planned. You now have everything it takes to complete a task joyfully and with success. Your willingness to pay attention to details will bring you more than the desired recognition. Whatever you touch will turn out well, if you just stay focused now.

FOUR OF EARTH

In essence:

SECURITY - position of power - influence through money - striving for security and success - desire for lasting stability - law and order - also misuse of power

Inner message:

Be aware of how much material security you really need in your life, and what this security means to you. What is it that makes you inwardly feel safe? What is needed now to stabilize you emotionally? If you let yourself fall - into your own depths, you realize that true security always comes from inside.

Outward manifestation:

Now you can reveal your influence on certain matters and step out from behind the scenes. But don't forget that outer creations or power demonstrations merely grant an illusory sense of security. Accepting our absolute insecurity is the only way to remain safe. So learn to rest in apparent insecurity. Begin to recognize the unchanging power in every change, every new and different situation. In this welcoming acceptance, you find the security that knows no change.

FIVE OF EARTH

In essence:

INSECURITY - fear of loss - worries - negative thoughts - self-abuse - self-condemnation - fear of inadequacy - self-pity

Inner message:

Once again, you have been pulled into an old, negative mind-loop. To get out of it requires your full attention. Remember why you tend to think about yourself so harshly. Look closely: where does this destructive influence come from, and who needs it? Find out! Become aware of the influence negative thoughts have, and how you allow yourself to be hypnotized by them.

Outward manifestation:

In this state it is better to stay on the side-lines. Don't try to accomplish big things, let alone making important changes in your environment. An insistent fear of failure could jeopardize what develops now. First let that dark cloud of worry pass out of your mind - it foos up your consciousness. By becoming still and regularly relaxing your mind, you will soon find that everything looks a lot brighter and clearer.

SIX OF EARTH

In essence:

BREAK-THROUGH - success on all levels - material gain - stroke of luck - fortunate starting point for an enterprise or new career

Inner message:

You are invited to surf a wave of success. Give yourself permission to enjoy it! Now you see that a peak of worldly success is not needed to feel abundantly successful within.

Outward manifestation:

A certain project or work-strategy is greeted with enough enthusiasm to become successful. Some dreams and desires won't necessarily drag you deeper into the density of the material plane. Just remember that certain dreams are better left as such. Choose wisely what you want to materialize! Nothing may be worse than finally getting what is no longer wanted. Recognize your truest wishes and act on them.

SEVEN OF EARTH

In essence:

DEPLETION - exhaustion- speculations
- set-back - power dips - disappointment -
doubts - fear of loss

Inner message:

Expecting something increases our chances of being disappointed. Stay in this moment, completely conscious in the present, and be very still. Give yourself a little more rest at this point, and don't project your negative thoughts into the future.

Outward manifestation:

The fear of ending up as a nobody in the material world and therefore never getting enough, paralyzed your creative power right now. Don't waste whatever energy you have left on unimportant activities. That only hurts and distracts you further from your path. Depressive tendencies are strengthened by tightly holding on to your already stagnating energy. Your most essential lesson now is to give - give without expecting something in return. To get the life force moving again, be willing to let it go. Having to get by on less than full capacity sometimes can be very instructive. Learn to be happy with less.

EIGHT OF EARTH

In essence:

INNER ORDER - slow but steady development - self-discipline - honesty - diligence
- groundedness - frugality

Inner message:

Trust your inner development now - then watch how everything turns out for the best. You don't have to control every detail to achieve what you want! Things unfold with the greatest ease and beauty when you don't interfere with the flow of their natural development.

Outward manifestation:

Diligent work on a long-lasting project. With patience and frugality you now achieve lasting success. A positive attitude, coupled with a sense of order and self-discipline, result in further growth on all levels of your existence. You are learning to economize where a situation demands it, while simultaneously learning to thoroughly enjoy the fruits of your labor.

NINE OF EARTH

In essence:

ACCUMULATION - fortunate material enterprises - inheritance - gain - series of lucky strokes - surprising gifts

Inner message:

The saying, 'It fell into my lap', exactly illustrates this card. For once you have allowed your-self to receive a lot more. And, better still, to enjoy it all without guilt. Now take what the universe is giving without the least bit of regret!

Outward manifestation:

This is a great time to give priority to material and business concerns. You are able to take an important and ultimately successful step when it comes to new investments, studies or a career change. Life is showering some surprising gifts on you. Don't waste time. Gratefully receive and ask not why or whence it came... What is given like this can never be earned. In reality everything in life is a gift.

TEN OF EARTH

In essence:

WEALTH - overflowing - luxury - abundance - rich harvest - best intentions - your creativity boars fruit

Inner message:

You have found an opening to your inner treasure chamber. Now you can radiate this glory and warm the whole world. Let others share in your good fortune. Whatever you share comes back to you manifold. The most precious thing you have is your inner being - just as it is. To be truly wealthy means giving of your inner self unrestrictedly.

Outward manifestation:

All that energy you have invested in your self-discovery now bears fruit. Abundantly! The more faithful you are to your inner values, the more gifts are showered on you. However, this internal and external wealth must not remain static. To use it intelligently, it must be circulated. Perhaps this is a good time to pour some of your overflowing energy into a venture that has less to do with material profit-taking than with loving generosity.

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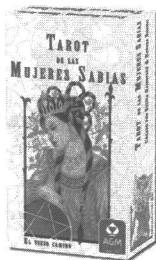
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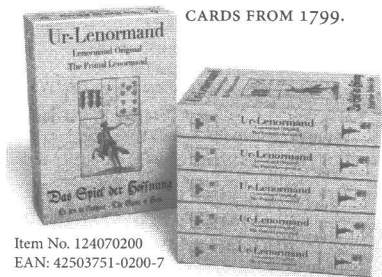


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