

Types of Starseeds: Which Star System Do You Come From?

Does your soul hail from another planet or star system? If so, you're a starseed. But did you know there are different types of starseeds depending on origins? Here we attempt to define the types of starseeds and provide common physical and spiritual characteristics of each.

Many Types of Starseeds

As you read through each type of starseed and its common traits, keep in mind these traits vary by person. It's likely you've even lived in more than one of these star systems and have picked up traits from a few of those lives. Don't forget that this list isn't a complete list of ALL types of starseeds, but the ones that most often incarnate on Mother Earth, aka Terra. If a specific type resonates with you, it's likely this is what type you are! Write down which traits you have and which starseed types resonate. This will help you figure out which type of starseed you are.

1. Orion Starseeds

Orion starseeds come from the Orion constellation. There are numerous beings from the Orion constellation that migrated there from other star systems. So if you're an Orion starseed, you've probably incarnated in other star systems before Orion. However, Orion might be the incarnation you've had more recently before your earthly one. There are different planets/stars in the Orion constellation you might've lived on.

Mintaka was a paradise planet, covered by sparkly, diamond-like waters. Some believe whales and dolphins come from the seas of Mintaka originally. Mintaka is no longer in existence. Below we cover Mintakan starseed traits AND Orion starseed traits (which would be anyone from elsewhere in the Orion constellation).

Mintakan Signs and Traits:

- strongly drawn to the water element, you love all things about the ocean, beach, and bodies of water
- intense connection with whales and dolphins

- dreams of swimming or living near lakes and oceans so sparkly they look filled with diamonds
- strong desire to “ascend” spiritually and help others too
- you’re a compassionate person and get pleasure from helping others
- high levels of sensitivity to other beings: potentially empathic

Orion Starseed Traits:

- scientific beings – you’ll be interested and intrigued in all things science, chemistry, astronomy, genetics, etc.
- very intelligent and mostly driven by mentality
- mental but not emotional beings: here to learn how to love and experience emotions
- great sense of humour, can be the life of the party
- optimistic
- opinionated individuals who don’t sway on their perspective easily
- “jack of all trades”: they have knowledge about a lot of different topics
- are self-controlled
- may come off as cold emotionally (often unintentionally)
- interest in ancient cultures and societies
- able to work with different forms of technology effortlessly
- entrepreneurs: want to lead and inspire others
- task-oriented: see things through and are very much involved in the details and the process
- often incarnate as earth signs: Taurus, Virgo, Capricorn
- their main passion: knowledge
- hold logic above all else
- some Orion starseeds have bright, sky-blue or ice blue eyes that draw you in (though there are many Orion starseeds with all eye colors)

2. Another Common Type of Starseed: Arcturian

Arcturians are a type of starseed from the star Arcturus, a red giant located in the Bootes constellation. Arcturians are other-dimensional, advanced star beings that incarnate on earth frequently. The star beings are able to be contacted through channeling and divination. Some be-

lieve when we die, we pass through the Arcturian realm during the process of return. Thoth, the Egyptian god of wisdom, has a home in Arcturus.

Arcturian Starseed Traits:

- Great public speakers
- leaders in their communities and workplaces
- Highly passionate about technology
- Don't fear death
- sometimes come off as arrogant or having a big ego
- Great at mathematics
- have an interest in metaphysics, particularly sacred geometry
- often incarnate with darker skin (but again Arcturian starseeds vary in appearance)
- planners: they like to develop a plan for almost everything and stick to the plan
- compassionate but seem to guard their feelings
- may show anger as their form of emotion when they are hurt or upset
- confident individuals with a drive for success
- telepathic abilities: can read people's thoughts easily or transfer their own message to others telepathically
- have a mission to set up a new society where technology and spirituality meld cohesively
- choose careers in the fields of technology, architecture, invention, science, math, statistics, advancing medicine
- highly intelligent and motivated
- feel like the black sheep of the family
- enjoy attention and appreciation
- not in tune with their emotions and therefore this is one of their lessons here on earth
- sensory processing issues: highly sensitive to lights, sounds, textures, smells
- lower body temperature (not due to other health causes)
- lower blood pressure (again not due to any foreseeable illness)

3. Pleiadian Starseeds

Pleiadians are a type of starseed from the Pleiades star system. The Pleiades consist of seven bright stars. Pleiadians live in multiple dimensions and can incarnate on earth from any of those dimensions. Their traits include:

- Gentle in nature and meek mannerisms
- Soft spoken and polite
- Humanitarians
- Empathic: feel and take on others' energies, can transmute when they are in alignment
- Often tall and slender with blonde hair and blue eyes (though this varies by individual, remember!)
- May have Norse or Northern European ancestry/DNA
- All about the LOVE and want to spread love to the world
- high cheekbones
- long limbs
- strong jawlines
- drawn to outer space, science fiction, astrology, stars
- interested in healing and metaphysics
- family-oriented
- people-pleasers: sometimes to a fault because this allows them to be taken advantage of
- sensitive individuals – wear their hearts on their sleeves
- feel different than everyone else when growing up
- feel they have a big mission on earth
- understand polarity: male/female, yin/yang, sun/moon, above/below and are balanced themselves
- may struggle with food sensitivities, sensory issues and anxiety when not in alignment

4. Draconian Starseed Traits

Draconian starseeds are from the Draco constellation. Draco means dragon, therefore many Draconian starseeds are linked to dragons and reptiles of various kinds. The Reptilian race, Lif-garians and other draconians come from Draco. There are some Draconians who are selfish

and some say “evil”, while others are here to help wake humanity and raise consciousness.

Here’s Draconian starseed traits:

- drawn to science, math, and technology
- leaders in their fields and communities
- don’t take kindly to authority higher than themselves
- when they’re not in alignment, can be money-hungry and manipulative
- when in alignment and from a higher dimension, want to unite people and work towards a common goal
- talented at leading, building, and coordinating efforts
- always finish what they start
- attracted to reptiles, amphibians and dragons
- may have lizard-like physical characteristics: thin, long faces, thin bodies, lizard-like eyes and facial features
- lower body temperature
- drawn to the sun and warmth (prefer warmer climates)
- adept at fitting in, like a “chameleon”
- find jobs in politics, community leaders, military, architecture, construction

5. Sirian Starseeds

We’ve been fascinated by the Dog Star Sirius since the beginning of time. Ancient Egypt, African tribes, and other people have legends and connections with the Star Sirius and with good reason. It’s the brightest star in the night sky and is also called Alpha Canis Majoris. In recent years, it was discovered that Sirius is a two-star system...a fact the Dogon tribe in Africa has been saying for years! Read more about the Dogon’s connection to Sirius [here](#).

Here are the Sirian Starseed Traits:

- drawn to lost civilizations and ancient cultures
- drawn to the star system Sirius
- have a love for canines: dogs, wolves, etc.
- “salt of the earth” type people: spiritual individuals that also embrace the ways of the earth
- even-keeled, very hard to anger

- don't express their emotions well; have a hard time with communication in relationships; may seem "closed-off"
- intense day-dreamers
- interest in magic, metaphysics, witchcraft and alternative healing
- may have Lyran starseed traits, particularly cat-like or lion-like traits
- love science fiction books and movies
- maintain a few close friends instead of many casual friends and acquaintances
- creative individuals: love the arts, crafts, writing, etc.
- feel they have a mission to save the planet or to defend animal rights
- sacral and throat chakra alignment
- enjoy tattoos and piercings and expressing themselves artistically through clothing and accessories
- may feel a deep connection to the water element, the ocean, and oceanic beings like whales, dolphins, etc.
- may have a fascination with mermaids since childhood
- have a relationship with one or more ascended masters
- task-oriented
- if not a love for dogs, may have a love for cats
- great sense of humor and silliness
- may have cat-like, dog-like or mermaid-like physical characteristics

6. Lyran Starseeds

Lyrans are a type of starseed from the Lyra constellation. There are a few stars in the Lyra constellation, but the main planet of origin is Vega. It's said the first humans originate from Lyra. A race of ancient beings called Felines also come from Lyra and helped establish much of the ancient world on Earth including Atlantis and ancient Egypt. The beings from Lyra include: Felines, Vegans and Lyrans.

Lyran Starseed Traits:

- a catlike or birdlike appearance: catlike eyes (upturned almond shaped eyes and catlike nose; birdlike appearance may be a thin face with pointed/beaklike nose, etc.)

- enjoy physical labor and are hard workers
- take great pleasure in good and exotic food, beverage, sexuality, etc.
- have a strong connection or affinity with cats or birds (these people prefer cats or birds over dogs!)
- athletic in nature – enjoy exercise
- have the ability to shift consciousness easily
- need more sleep than the typical human being (9+ hours)
- grounded individuals yet also risk takers
- enjoy social environments but prefer to observe rather than be the “life of the party”
- fiercely independent
- have goals but get distracted easily (start projects with a ferocity then end up abandoning them if they get bored)
- Love to travel and explore – have a catlike curiosity
- often incarnate into fire zodiac signs, particularly Leo and Sagittarius

7. Venusian

Is it possible that other planets in our solar system once supported life? Absolutely. And still could in other dimensions and planes of existence. This includes Venus, which brings us to our Venusian starseeds. Venusians live in the fourth dimension and they are also called the Hathors. Hathor is an ancient Egyptian cow-goddess of love and motherhood. It's said she's from Venus and seeded Venusians on Earth to teach love.

Venusian (Hathor) Starseed Traits:

- Venusian starseeds are often very tall
- sensual and passionate individuals – may have a hard time committing to one mate
- nurturing and compassionate
- highly spiritual beings: sometimes to a fault and need to be reminded or taught how to ground themselves (high up in their head chakras)
- feel very connected to the universe, higher self, and guides
- interest in outer space and ancient civilizations
- can be labeled as “flighty”
- huge interest in metaphysics and bringing the “new age” in

- drawn to ancient Egypt and, namely, the goddess Hathor as well as Venus and Aphrodite
- often attractive individuals with coveted facial features (women are very feminine and men are masculine and model-like)

8. Martian Starseeds

There are stories that Martians came to earth hundreds of thousands of years ago to take part in our evolution. Others believe life existed in this dimension on Mars many years ago because of the discovery of water on the red planet. There isn't a lot known about Martian starseeds, but some claim they had origins on the planet. Some Martian starseed traits include:

- being drawn to the planet Mars (finding a desire to travel there or interested in the colonization of Mars)
- have a desire to advance the human race
- strong connection to water and fire elements
- have memories and dreams of being on the surface of Mars

9. Andromedan Starseeds

Andromedan starseeds are from the Andromeda galaxy outside our own. There are fewer Andromedan starseeds on earth than others. Here are some of the Andromedan starseed traits:

- easy to talk to
- meek or mild in nature and mannerisms
- laid-back personality
- have a light aura and are often thought of as "pure" or light beings
- act or look child-like
- quiet or tend to "stay in the background" to observe others
- love their freedom
- have a strong desire to travel and explore (i.e. many go backpacking or give up their jobs to follow their dreams of exploring the world)
- often can't stay in monogamous relationships, have a "commitment problem"
- emotionally guarded and avoid conflict as much as possible
- tall, thin and some bald easily in their earthly bodies

- often find jobs in the arts and spiritual practices: artists, musicians, teachers, spiritual leaders, tarot readers, writers, etc.
- carefree lifestyle

10. Polarian Starseeds

Polarian starseeds come from the “North Star” Polaris. I’ve also read books in which Polarians were the “first” spiritual beings on this planet from a higher dimension. At that time, they were giants in height. Here are the Polarian starseed traits:

- highly spiritual individuals
- drawn to the North Star Polaris and other dimensions
- yearn to know more about human origins and the ascension process
- empathic abilities
- most are very tall in height
- androgynous or nonbinary
- feel as if you’ve been on earth for millions of years
- feel natural catastrophes like earthquakes within their bodies and souls
- in-tune with the earth’s energies and feel shifts in seasons, etc.
- mediators: they keep two sides from fighting and often unite others
- may have memories or dreams of the lost civilization of Lemuria
- love being monogamous and make great husbands and wives (value partnership and teamwork)
- seem to be “lucky” in finances and can gain wealth easily (but this is because they’re hard workers and team players)
- interested in metaphysics and spiritual enlightenment
- feel they have an important purpose on earth but sometimes don’t know what that is
- prefer stability and shy away from sudden changes

11. Hadarian Starseeds

Hadarian starseeds come from Beta Centauri. They were all about the love, unconditional love, and are on earth to spread more of it. Story goes that the Hadarians were invaded by a tyranni-

cal race of beings and left their planet to escape enslavement. Many came here but it's difficult for them to remember what happened because of the trauma they endured.

Hadarian (Beta Centaurian) Starseed Traits:

- all about LOVE, unconditional love
- because of their loving nature, sometimes taken advantage of by others because of their pure way of loving others
- these are the individuals who want nothing more in life than to have strong relationships with others: romantic, friendships, etc.
- may come across as “hippies”, preaching free love
- feel happier and more fulfilled when in a relationship (even if it's a toxic one, unfortunately)
- here to learn how to love others AND themselves along with the power of free will
- empathic abilities: can feel the emotions of other beings including animals and plants
- shy or introverted until they get to know you
- goals are not aligned with money or financial success – they want to help others
- find jobs in the corporate world where they become a part of the team, counselors, philanthropists, humanitarians

12. Agarthan (Inner Earth) Beings

Ever heard the Hollow Earth theory? If you haven't, there's a theory that the earth is actually hollow. And that there's another civilization inside called the Agarthans. In 1947, a man named Admiral Byrd claimed he'd flown over the North Pole and was taken into the Agarthan city and met people there. Now Agarthans are incarnating on the earth's surface to help us.

- environmentally driven: may get into activism or a job helping the environment
- may have memories or dreams of going into the earth or residing in the earth
- memories of Atlantis and being drowned in a flood or retreating into the earth
- some believe Agarthans are the same as the faery folk who lived underground according to our ancestors
- may be tall and thin
- pointed ears or “elf-like” qualities

- in-tune with the earth's cycles, seasons, can feel natural catastrophes coming and their effects

So, Which Starseed Are You?

Did any of these starseed types resonate? Did you find which starseed type you are? Maybe you felt a few resonated, which makes perfect sense. Because most starseeds have incarnated on more than one planet and star system! Keep in mind, this list doesn't include every single starseed type, as the universe is inconceivably large. Finally, I encourage you to read more about the starseed types that resonated, and also read about the stars and planets themselves.

Source:

<https://otherworldlyoracle.com/types-of-starseeds/>

Notes: