

Write your
question
under
here



Yes • No Focused Intention Chart™

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The unique “window” connects your question to the chart. **Your written question (optional) becomes part of the chart itself.** This process produces a powerful method of focusing your intention to ask your specific question. The greater your intention, desire, and focus, the greater the accuracy of your answers will be. **Each new question creates a new chart.** The subconscious, the gateway for your information, uses the whole chart as a way to communicate to your conscious mind.

Hold the pendulum by the chain, not the top. Holding the top produces vibration and a small arc swing that gives very slow answers. Hold about one to three inches of chain. This will produce faster arc swings and faster answers. Whatever length is comfortable for you is the right way. Lower the “bob” to about one inch over the center of the chart.

Asking Questions

There are two methods: the “Show Me” method and the “Programing” method. Both work. This chart uses the Programing method taught by the American Dowsing Society. The area between the YES and the NO is MAYBE. It is neutral and is used as the SEARCHING position while swinging the pendulum when you ask your question. **D.W.A. = Don't Want to Answer.** Yes, the universe can have a sense of humor.

Programing

With the pendulum “bob” over the center of the chart, start swinging the pendulum over the YES direction and say out loud:

- “The following program is to be continually in effect until I choose to make changes: every time the pendulum swings in this direction it will indicate a YES answer”.
- Stop swinging the pendulum. Now swing the pendulum over the NO direction and say: “Every time the pendulum swings in this direction it will indicate a NO answer”.
- Stop swinging the pendulum. Now swing the pendulum over the MAYBE (SEARCHING) direction and say: “Every time the pendulum swings in this direction it will indicate I am searching for an answer and I am asking a question. If it continues to swing in this direction it will indicate MAYBE as an answer.

You have now set up a code between your conscious mind (who is asking the question) and your subconscious mind (who is answering the question). Again, the subconscious mind is the gateway to all of the information using the pendulum. The next step is to check to see if the subconscious has accepted the programing. To check your programing, ask your name correctly and incorrectly. Repeat the programing until you get accurate answers. This can take a few minutes or days. Everybody is different. The key to success is practice, practice, and more practice. Once the programing works, you never have to repeat it. See the reference below for extensive instructions on how to program the pendulum*.

How to ask Questions

- Write your question on a piece of paper and place it under the window of the chart. You should be able to see your question through the “window” of the chart as you ask your question.
- Ask your question while the pendulum is swinging in the MAYBE (SEARCHING) direction.
- Always declare your answers will be in your “highest good” at the beginning of your sessions.
- (Optional) Dowzers should ask, “May I, Can I, Should I, ask these questions?” “May I” means: Do I have permission? “Can I” means: Do I have the ability to successfully answer questions in this domain of information? “Should I” means: Is this any of my business? Considering all aspects related to these questions, would it be proper, appropriate, and suitable to learn information in this area?
- Do not assume questions can be answered by what you are thinking, meaning, or implying. The subconscious takes everything literally. Ask specific questions, no cliches. Always start with questions that can be answered with yes or no answers. Then get more specific.

* *One of the best free resources* on how to use the pendulum: Google: “**Letter to Robin**”

Or go to: <http://www.lettertorobin.org>

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