

THE PSYCHIC CIRCLE[®]

THE MAGICAL MESSAGE BOARD[®]

YOU AND YOUR FRIENDS CAN USE
TO FIND THE ANSWERS
TO ALL LIFE'S QUESTIONS

HOW
CAN I
FIND MY
SOUL
MATE

HOW
CAN I
MAKE THE
MOST OF
MY
FINANCES

IS THIS
THE
RIGHT
TIME TO
MAKE A
CHANGE
IN MY
LIFE



AMY ZERNER AND MONTE FARBER



DEDICATION

The Psychic Circle is dedicated with love and gratitude to The Great Spirit
that speaks to us and through us.



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THE
**PSYCHIC
CIRCLE**

BY MONTE FARBER & AMY ZERNER



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THE PSYCHIC CIRCLE

THE MAGICAL MESSAGE BOARD

I N T R O D U C T I O N

"Psychic Circle/circle is infinite/try to make PC for everyone/one heaven for everyone/18 inches diameter in square/there should be maybe planets, symbols, and signs/see nature—sea (water), and nature (earth)—sky (air)/something like a tweeter (the Magical Message Indicator!)/six levels/represents the cosmos/be patient."

—Excerpt from the authors' first
Psychic Circle session,
September 10, 1978



Upon opening *The Psychic Circle* Magical Message Board you will see before you what looks like a beautiful compass. It is. It is a new type of compass that can help you to chart your life's direction.

Let's take a tour of *The Psychic Circle* Magical Message Board. In order to get the most benefits in the shortest time possible, familiarize yourself with the general layout and concepts embodied in the board before you first use it.

The most obvious thing that distinguishes *The Psychic Circle* from any plain, old-fashioned talking board is that it is resplendently colorful. Further, in addition to the letters and numbers found on ordinary boards, it has dozens of words, pictures, and symbols. In the same way the symbols for the four directions, North, South, East, and West, have made it more convenient for people to explore the world we live in,

the symbols on the Magical Message Board can reduce the amount of time and effort necessary for us to explore the world inside us—the world of our personal experience of reality.

Ordinary talking boards required you to spend your time watching and waiting to see if any words were being spelled out. This not only is fatiguing but can be distracting and frustrating to the point that you easily lose your positive attitude and feeling of relaxed contemplation. Any one of these things can cause information received to be negatively influenced. In the past this has caused people who were not aware of the connection between their own state of mind and the quality of information coming through their talking board to view talking boards in a negative light.

The many words, pictures, colors, and symbols on *The Psychic Circle* Magical Message Board are there so that, in many cases, the Magical Message Indicator need only hover over a few words or symbols to give you a complete and easily understandable answer to your question. You will be amazed at how accurately most of your questions can be answered in this manner. Of course, *The Psychic Circle's* Magical Message Indicator can and will spell out words and sentences for you, too. When *The Psychic Circle* does begin to spell complete words for you, this indicates a logical progression of your skills.



THE MAGICAL MESSAGE BOARD

Let's first explore the four corners of the board. Each contains a different collaged image that relates to a word printed in that corner. Those words are Air, Fire, Water, and Earth. These names are what the ancient sages — who were both women and men — called the Four Elements.

- Air symbolizes the relativity of things and the realm of ideas
- Fire symbolizes action and faith
- Water symbolizes emotion and empathy
- Earth symbolizes practical matters and things derived from the earth

When your Magical Message Indicator moves to one of these four corners, you are being told that the key to learning what you seek to know can be found by focusing on the meanings of that specific Element.

Next, let's look at the symbols of the Four Directions—N, S, E, and W. The Four Directions can describe the direction someone (or something) may be going to or coming from, or the location of a person, place, or thing. Like all of the words and symbols on *The Psychic Circle* Magical Message Board, they can be used, either by themselves or in combination with one or more of the other symbols, to answer many different types of questions. Many additional answers become possible when the Four Directions are combined with one or more of the various words and symbols on the board.

The next area is the outer ring of *The Psychic Circle*. It contains twenty words that can, either by themselves or in combination with the board's other words, pictures, symbols, etc., answer the most frequently asked questions. The words have been chosen based on our many years of research. When you begin your first *Psychic Circle* session, it is easiest if the questions you have prepared are phrased so that they can be answered by the words, pictures, and symbols whose meanings you feel comfortable with after you have read this brief introduction. The words are: new, far, look, listen, open, you, hello, go, other, yes, take, maybe, give, no, close,

stop, old, near, goodbye, and wait.

Within the ring of twenty words is a second ring that is broken into triangular shapes, each containing a picture or a symbol. These symbols are called "glyphs" and are used by both astrologers and astronomers to represent the Sun, Moon, and planets of our solar system.

You will notice that within this ring of pictures and glyphs is a ring that contains the word(s) describing the glyph directly above. Astrologers use the planets to represent forces, actions, and events in our lives. The meanings associated with the various planets and their glyphs have evolved over thousands of years of astrological research.

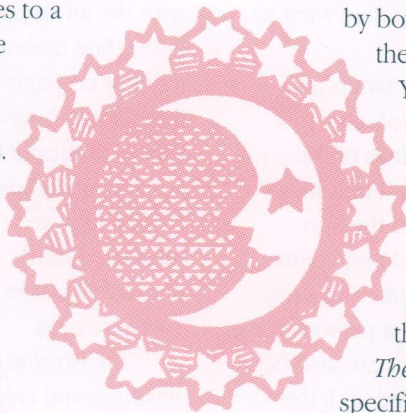
The Psychic Circle uses the glyphs as very specific descriptions of behavior, either for ourselves or for those we are asking about, as well as to describe events that can or will occur. You will find the meanings of the individual glyphs described in more detail on pages 18-21.

The pictures that alternate with the glyphs of the planets represent the following:

- Hot Air Balloon (travel and rising above)
- Angel With a Trumpet (angelic protection and the power of prayer)
- Artist Palette With Musical Clef (creativity and art)
- Cupid Holding a Heart (love and romance)
- Yin/Yang Symbol (the duality and fluctuations of daily life)
- Eye With a Tear (sadness and the release of pent-up emotions)
- Four-Leaf Clover and Dice (luck and taking a chance)
- Bags of Gold (money and material possessions)

You will find examples of the use of these pictures to obtain information on pages 22-25.

The next major ring of *The Psychic Circle* contains the twenty-six letters of the alphabet. At first, you may find that your Magical Message Indicator does not hover over any of the letters, or uses them only to indicate initials. Some may find that their Magical Message Board is spelling out words and sentences sooner than others and that, too, is as it should





be. We all have different abilities and they develop with practice. In either case, the use of letters is a reminder that you should be prepared to write down or otherwise record both your questions and the answers you receive. If it is just you and a partner using *The Psychic Circle*, you may want to use a tape recorder instead.

Next, you will find the ring containing the names and symbols of the twelve signs of the zodiac. Astrologers plot the movement of the planets against the backdrop of the zodiac, the narrow band of space encircling the Earth in which the planets travel in their journey around the Sun. *The Psychic Circle* uses the signs of the zodiac to represent the times of the year corresponding to each sign. The signs can also represent the astrological birth sign of a person being described on the Magical Message Board. They can also be used to describe qualities traditionally associated with the various signs as they relate to people, places, things, or actions. You will find detailed meanings of the signs of the zodiac on pages 14-17.

As we get closer to the center of the board we come to

two rings. One contains eleven colors and the other the numbers 0 - 9. These can be used, either by themselves or with the board's other symbols, to describe the colors and numbers of people, places, and things that are involved with the information we are seeking. You will find some interesting meanings of the colors as they relate to color therapy on page 14. The ancient art of numerology gives deeper meanings to the numbers as well. You will find numerological information, which may be useful in your advanced studies, on pages 13-14.

Finally, we come to the very center of the Magical Message Board. Here is where you should place your Magical Message Indicator at the start of every *Psychic Circle* session.

The Psychic Circle has been a bountiful source of joy, wisdom, and creative inspiration for us. It has enabled our "psychic circle" of friends to have lots of fun and given us all much food for thought. It is our sincere wish that you and your friends also find the quality of your lives to be enriched by your sessions with *The Psychic Circle*.





HOW TO USE THE PSYCHIC CIRCLE MAGICAL MESSAGE BOARD

"Seek truth and ripe dreams will follow."

—Excerpt from authors' talking board session,
November 26, 1977

YOU AND YOUR "PSYCHIC CIRCLE" OF FRIENDS

Give yourself permission to take a little vacation from the world of things to do and remember! Plan to hold your session during a time you will not be interrupted. The room should be quiet and the lighting comfortable.

Have pen and paper or a tape recorder nearby to record your answers. For future reference, either you or one of your "psychic circle" of friends should keep records of the information you receive. Always make sure that the date, place, time, and people present are noted somewhere on your record. Though you may think that this is a bother, you will be very thankful that you took the time to record your sessions. Amy and I are continually surprised and delighted by the treasures we find "mining" our notes.

We have found that, although many people are capable of operating *The Psychic Circle* with only their own hands on the indicator, the best results are obtained when another person is in the room as a participant in the session. The presence of two energies seems to have a beneficial effect. The other person can also assist with the recording of the session, suggest questions, and offer a different point of view on the answers received.

The size of your "psychic circle" is up to you. Some

people suggest limiting it to four people, but we have found that it is the quality of the people present and not the quantity that makes the biggest difference.


Do not use *The Psychic Circle* when someone present is not a part of the activities. That is enough to seriously impair the accuracy of the session. You should never attempt to use *The Psychic Circle* if anyone present is suffering serious emotional distress, is intoxicated, under the influence of drugs, physically ill, or exhausted.

To obtain the best results, it is necessary that all present approach the session with a mixture of healthy skepticism (not ridicule) and an open mind. If you find yourself in the company of some who consider themselves too "scientific" to take your use of *The Psychic Circle* seriously, remind them that Thomas H. Huxley, the great British scientist said, "I am too much a skeptic not to believe that anything is possible."

Decide who is going to be using the board. At first, you may find it helpful to work with two people touching the indicator. You can also have just one person at a time try it. You can have as many people touching the indicator as can do so without covering its center. The center of the indicator is where you are going to look to see the answer to your questions.

Make sure that any partner you work with is someone with whom you feel genuinely comfortable. There should be mutual admiration and trust between all sets of partners. In our experience, either two women or a man and a woman





make the best partners. To receive information, a passive, receptive attitude is necessary, and to most men the very word “passive” has a strongly negative connotation. This can also present difficulties for “controlling” people of either sex. A relaxed, receptive, patient, and sensitive person will make the best partner.

It is normal to find that you are able to work *The Psychic Circle* better with some people than with others. The frequencies you tap into will move and communicate differently with each combination.

ASKING YOUR QUESTIONS

It is good to have a list of questions prepared before you start your session. You can ask a question or, if you find you have no questions, you can ask for a message that is for you or for someone else. Other questions will suggest themselves when these first ones are answered. The questions should be about subjects that are important to you.

The first few rounds of questions should be those that can be answered simply by one of the many words, numbers, and symbols on the Magical Message Board. This feature of the board’s design will enable you to receive meaningful, thought-provoking answers to your questions almost immediately. This will enable you to get a feel for attuning yourself to the energies.

Ask about subjects you really want to know the answer to. Make sure you want the answer given in front of your “psychic circle.” Sincere questions will receive sincere answers. Silly questions will, likewise, receive silly answers. Ask your questions in a spirit of investigation.

Though using it is always a lot of fun, *The Psychic Circle* is not a toy, but a spiritual tool. It is always ready to be consulted for problem solving, decision making, creative inspiration, and wisdom. You can use it for communications with your angelic guardians, spirit guides, and your higher self. Its uses are limited only by your imagination and your beliefs regarding your spiritual nature.

Whatever your spiritual beliefs, we suggest that you begin your sessions with either one or both of the Purification

Rituals detailed below. They are a combination of techniques evolved for invoking the most powerful forces of good.

The Purification Rituals can help your sessions by both eliminating anxiety and focusing the energies of all those present. When you all say them together, it helps to reinforce the spiritual bonds between you and to remind you of your common purpose, i.e., the very enjoyable exploration of the highest realms of being. Using the Purification Rituals helps to put you in a Zen-like state where subtle insights can reach your awareness.


THE PURIFICATION RITUALS

You and your partner are about to embark on a journey into yourselves and beyond. As every experienced traveler will tell you, preparation is the key to an enjoyable voyage. We have already mentioned the importance of an attitude of healthy skepticism and an open mind toward whatever information your session with *The Psychic Circle* will bring forth. It is also important that you bring a positive attitude and a state of relaxed contemplation. Expect The Psychic Circle to work for you.

It’s easier than you might think. The method has been used by the seers and sages of many cultures around the world for thousands of years and works equally well today. Not only will putting yourself in a state of relaxed contemplation prepare you for a productive and enjoyable session with *The Psychic Circle*, but it can help you to better work the board and absorb the information you receive.

The way to reach a state of relaxed contemplation begins with your breath. Unlike any of our other vital functions, our breathing can be placed under our conscious direction and, by so doing, we can control the beating of our heart and calm ourselves down.

Get comfortable and know that your session is going to be a pleasant and rewarding one. Have everyone present join hands. Everyone should take a slow, luxurious, and deep breath. Make the sacred sound, “Amen” or “Om,” and stretch the sound out so that it lasts for the duration of your slow exhalation. This is the “sound of many rushing waters” heard



by all who contact their divine source through ritual, meditation, and prayer. It is “the comforter,” “the faithful and true Amen,” and the Word that many religions believe made the creation of the universe possible.

You can use this spiritual sound anytime you need to clear the air and purify your intent. Let it remind you that your ultimate being resides in the world of spirit, far away from the cares and troubles of the day. Repeat this chant three times.

Remove your *Psychic Circle* Magical Message Board from its box and carefully unfold it on a flat and level surface. When two or more people plan to use it, you may want to set it up on a small table, on the corner of a larger table, or on the floor. In order for your Magical Message Indicator to move freely across the surface of the board, it is important that the board lie perfectly flat.

Each time you use *The Psychic Circle*, it is a good idea to lightly wipe off the board and indicator with a dry, soft cloth. The object of this is to remove dirt, dust, and anything else that might restrict the movement of *The Psychic Circle's* Magical Message Indicator as it slides across the board.

Place the indicator in the center of the board, making sure that you can read the words, “*The Psychic Circle*,” which are engraved on its top surface. Your hands are going to be moving around the board. You should sit close enough so you can comfortably reach all of the board’s four corners with your fingers resting lightly on the indicator.

The operator(s) should now place two fingertips of one hand on the Magical Message Indicator. They should rest lightly on the outer circle of the indicator, the portion with the words “*The Psychic Circle*” engraved on it. Do not exert too much pressure on the indicator. The fingertips of the other hand should lightly touch the edge of the board. Some people, especially those who are able to use *The Psychic Circle* without a partner, prefer to keep two fingertips of each hand on the indicator. There are no hard-and-fast rules.

Following are two different Purification Rituals. They are both based on rituals that have stood the test of time. Use whatever method seems to work best for you. We prefer to use them both. If you want to modify them, or if you want to

use a ritual you are more in harmony with, do so. After you have performed your ritual, complete your preparation with the White Light Visualization that follows.

I. THE RITUAL OF THE FOUR DIRECTIONS

Repeat the following as you breathe slowly and evenly:

I call upon the Four Directions and the Four Elements to open our circle as a consecrated place of love, healing, and spiritual guidance.

May East and Air share their knowledge of all beginnings.

May North and Earth share their knowledge of all stabilizing influences.

May South and Fire share their knowledge of all changes.

May West and Water share their knowledge of all endings.

II. THE RITUAL OF GODDESS AND GOD

Repeat the following as you continue to breathe slowly and evenly:

Goddess, the Mother of All, protects me.

God, the Father of All, defends me.

I am always safe.

I am never alone.

I call upon my angelic guardians,

I call upon my spirit guides, and I call upon all forces for good to enter our circle of white light and divine inspiration.

May my higher self transmit to me the knowledge I am ready to receive and the wisdom to make the best use of it.



THE WHITE LIGHT VISUALIZATION

Visualize the Magical Message Indicator completely enveloped in a circle of sparkling white light. See this circle become a ball, expanding until it is above, below, and completely around you and your “psychic circle” of friends. Know beyond a doubt that it is forming an impenetrable wall of pure love and healing energy around you all.

BEGINNING YOUR PSYCHIC CIRCLE SESSION

Now that you have completed one or both of the Purification Rituals and done the White Light Visualization, you are ready to begin your *Psychic Circle* session.

One of the people whose fingers are on the indicator should ask the question that is uppermost in her or his mind. Everyone else should silently concentrate on the same question. You may want to let everyone ask an agreed number of questions, no more than four apiece, and then allow the next person to ask. However you arrange it, the proper decorum must be maintained to get clear results.

You may have found that your Magical Message Indicator began to move as you performed the Purification Ritual. You may find that you have to repeat the question a few times as you wait several minutes before the indicator starts to move. Everyone should be patient and know that a wait of five to ten minutes is not unusual for those beginning to use *The Psychic Circle*. Remember to ask simple questions that can be answered by one or more of the various symbols, colors, numbers, and words on your Magical Message Board. You can also ask for initials.

You may find that when the indicator begins to move, it moves very slowly and starts to circle the board. The energy trying to contact you is getting acquainted with the layout of the board and the feel of the people using it.

Be aware that each partner is going to believe the other is pushing the indicator. How else could you expect to feel? Do not get into a discussion accusing the other person of pushing the indicator. This is a feeling you have never

experienced before. It will always be unique and exhilarating. Relax and enjoy it.

You will find that the indicator will hover over one or more of the words, letters, symbols, numbers, and colors on the board. You will see what it is hovering over displayed in the center of the indicator. This is the answer to your question. When you have received your answer you should call it out softly so that it may be recorded. Then the indicator will return to its starting point on the center of the board.

You may find that it waits on the letter “Q” instead, another way of indicating that you should ask your next question. Be on the lookout for these kinds of idiosyncrasies. They are often associated with the various energies that come through *The Psychic Circle*, especially when your indicator is hovering over the ring on the board containing the letters of the alphabet.


Some sources of information may prefer to use symbols and not letters. For others, the reverse may be true. Usually, it will be a mixture of both. *The Psychic Circle* has been designed to make it easier for all users to communicate, both those on this plane and those on other planes of existence.

There used to be an advertisement for a school of shorthand that was displayed in the cars of the New York City subways. It said “If u cn rd ths ad u cn gt a gd jb w hi \$.” The energies answering your questions may use this kind of shorthand when they begin to use letters.

In our sessions, we have seen the letter “X” repeated three or more times in a row to indicate hugs and kisses. While you are first starting, you may find the number “4” used to indicate the word “for,” the letter “U” used to indicate “you,” the letter “C” used instead of “see,” etc. Another example of this type of substitution would be hovering over the planet Mars to indicate a man or the planet Venus to indicate a woman.

You will find that the energies brought forth by *The Psychic Circle* can be quite creative. That is why they can help you with your own creative efforts.

If an answer seems confusing, suggest that the answer be clarified. It may help to rephrase what could have been a confusing question. You may even receive information in other languages. If this happens, ask that it be translated into English. Record all answers, no matter how unclear, because



they might make sense later in the light of future information.

Be aware that the energies working through you are also getting the hang of *The Psychic Circle* process! Whenever you are in doubt, you can always ask a clarifying question that can be answered by a simple “yes” or “no” (or the North Node and South Node respectively).

It is very important for you not to have any preconceived notions or expectations regarding the answers you are receiving. Do not try and anticipate the answer as the indicator begins to move around the board. Enjoy being surprised. If you seem to have known where the indicator was going, fine. But then put that kind of thought out of your head and do not expect that you will know where it will go on the next question. You are here to have fun and investigate the phenomenon that is *The Psychic Circle*, not to allow your ego to show everyone how psychic you are.

WHEN THE MAGICAL MESSAGE INDICATOR DOES NOT MOVE

If, after ten minutes, the indicator fails to move at all, you may want to vary the partners or have some of them try using *The Psychic Circle* alone. Be aware that it is usually anticipation, expectation, and ego attachment which block the “flow” of your session. These states of mind can also limit the range of the answers received by the majority of those who will find that *The Psychic Circle* works easily for them. Because the energy is flowing through you, the more unattached you are to the answers you are getting, the better the answers will be. This is why it is important to be open to new ideas.

You may want to introduce yourself to the energies you are communicating with and ask them if they would like to be addressed in any particular way. If they claim to know about the Earth plane, ask them for details of their times here. If you see any inconsistencies in what you are getting, point them out and respectfully ask for clarification. Do not be flippant, rude, or insulting. Be respectful and you will be answered respectfully.

THE LAW OF KARMA

You may have heard the word *karma*. It comes from the Eastern religious traditions. The Law of Karma states that

what you do, both good and bad, comes back to you. It is the basis for the contemporary saying, “What goes around comes around.” Karma is another example of how the religious beliefs of the West and of the East are remarkably similar. The Bible’s admonition, “As you sow, so shall you reap,” sums it up perfectly. Every scientist knows that for every action there is an equal and opposite reaction (astrologer Isaac Newton’s Third Law of Motion).

The Law of Karma can easily be seen to work in a *Psychic Circle* session. If you bring fear and negativity to the session, then your answers will address your fears specifically and confirm your negativity in the most direct fashion. If you are confused, then your answers will be confused. If you think the whole subject is nonsense, then do not be surprised if nonsense is all you get. If you are relaxed and purified by doing the rituals, and ready to receive guidance from the highest of sources, then that is what you are going to receive.

If you ask a question about someone else, make sure that you are only interested in knowing what is for their highest good. Using *The Psychic Circle* for the purpose of gossiping or working against someone would be a waste of time and a terrible misuse of your spiritual power. The Law of Karma is always enforced.

BELIEFS AND EXPECTATIONS

Our beliefs and expectations influence and may even create the events we experience. *The Psychic Circle* will mirror this basic truth. As we like to say, keep your spirits high and you will encounter high spirits.

Here is where a skeptical attitude comes in handy. You are liable to receive information that affects you profoundly. You may receive information that makes eminent sense to you. You may also receive information that causes you to question some very basic assumptions regarding what you know to be true. Go slowly. If something you learn makes you feel uncomfortable, stop and ask yourself why it does so.

Much of the information you are going to receive is going to be accurate. But as we were once told during a session, “The subconscious is not always right, but it is close to the truth.” Information obtained this way is dependent on the operative and interpretive skills of the operator.



The information you receive is going to be filtered by your expectations and desires. In other words, it may be wrong.

You will find, when you look back over your notes, that some of what you received was obviously colored in that way. Your answers will also be affected by the level of your ability, at the time, to operate *The Psychic Circle* in a state of relaxed contemplation.

Do not act on any information you have not researched independently and experienced yourself. You are not being disrespectful to anyone here or over "there" if you approach any information you receive from *The Psychic Circle* with a scientific, questioning, and critical attitude. The whole purpose of *The Psychic Circle* is to help you develop your own intuition and decision-making ability. Listening blindly to "disembodied energy essences" is just as bad as listening blindly to anyone on the Earth plane.

After more than twenty years of research into spirituality, one thing we are totally convinced of is that the free will possessed by each of us has a more powerful effect on our lives than anything else. Nothing holds any power over us unless we let it do so. If you ever receive information from any source that tries to get you to do anything that is contrary to your beliefs, common sense, the laws you live under, or the

advice of a trained and licensed professional you trust, then we suggest that you disregard it.

Experience has shown us that some people are only too willing to give their own power away. *The Psychic Circle* has been designed as a personal inner-guidance system; a tool for your empowerment. Its purpose is to help you get more in touch with your innate ability to direct your life.

ENDING YOUR PSYCHIC CIRCLE SESSION

If you become tired, stop. If you are still raring to go but the indicator stops, or if it goes onto the word "Goodbye," ask if there are any other highly evolved sources of information that would like to communicate with you for your highest good and greatest joy. If not, end the session by thanking the forces for good that have come through to communicate with you, and by chanting "Om" or "Amen" three times. Breathe in the same relaxed fashion that you used to begin the session.

Now that you know the basic mechanics of how to use *The Psychic Circle*, we will show you how to interpret your answers.



INTERPRETING YOUR ANSWERS

"We are here to guide you all, but you must do the work."

—Excerpt from an authors' session (undated)

When you are interpreting your answers, the three most important things to keep in mind are:

- (1) The information you receive from *The Psychic Circle* will depend on how clearly you phrase your question. Simple is always better.
- (2) The meaning of each symbol must be interpreted in the context of the question you have asked.
- (3) If you are not sure of the meaning of any answer you receive, you can always ask for a "yes" or "no" as confirmation. The North Node is another way of saying "Yes" and the South Node is another way of saying "No." They have additional meanings that you may want to read about on page 21.

THE CENTER OF THE PSYCHIC CIRCLE MAGICAL MESSAGE BOARD

The center of *The Psychic Circle* Magical Message Board contains a circle

with a design incorporating three question marks. Here is where to place your Magical Message Indicator at the beginning of every session. After you have asked a question and received the words, symbols, and letters that make up your answer, you may find that the indicator returns to the center of the board. It does so to let you know that you have been given your answer and it is time to ask your next question. You may also find the indicator will hover in place over the letter "Q" for the same reason.

THE RING OF NUMBERS

When your Magical Message Indicator hovers over one or more of the numbers of the Number Ring, it is most probably indicating a quantity. Other meanings associated with the Ring of Numbers follow these examples of numbers that indicate a quantity.

Examples: 12 hours, days, weeks, months, years; 2 acres will be enough; the 3rd time you try will work out best; 5 floors above street level; 6 city blocks; the 7th house; section 18 of a will, contract, blueprint, theatrical play, symphony, etc.; 100 miles away. When your answer requires more than one number, the Magical

Message Indicator will hover over the first number, then move off for a time, and then return to the other number(s). This also applies when a number being indicated contains the same numeral repeated two or more times.

Example: To indicate the number "one million," the Message Indicator will hover over the "1," move off for a time, then hover over the "0," and then move off and return to the "0" five more times in succession.

Numbers can also be used to indicate a date.

Example: 1 (long pause) 2 (short pause) 2 (long pause) 5 (short pause) 0 may mean 1/22/50, or January 22, 1950.

Remember, those from many other countries, especially the countries of Europe, are trained to write dates, such as January 22, 1950, in this manner "22/1/50." You will notice that the position for the month and day of the month are the reverse of how they are written in the United States.

In your experiments you may find that numbers can also indicate the combination of a safe, numbers to choose in a lottery drawing, serial numbers, and many other uses. Remember to approach *The Psychic*

Circle with the attitude of a serious researcher. Do not risk anything—especially property, money, reputation, or health—on any information, plan, or course of action you receive unless and until you have gone over it in detail with professionals who are licensed and acknowledged experts in the particular field(s) involved.

Pythagoras (c. 582-c. 507 B.C.) is often credited with formulating the science of numbers or numerology. Numerology assigns a number to each of the letters of the alphabet. Anything with a name, especially a person, has the quality associated with the number that is a result of adding up the numbers assigned to the individual letters of that name. Here are the most basic qualities associated with the numbers 0-9 from a numerological point of view:

0 = Pure energy

1 = I am an individual

2 = I share with another

3 = I express my ideas

4 = I build security

5 = I create the new

6 = I help others

7 = I seek the other

8 = I make things happen

(Note: 8 standing on its side is also the universal sign for “infinity.”)

9 = I reflect everything else

THE RING OF COLORS

When your Magical Message Indicator hovers over one of the colors of *The Psychic Circle's* Ring of Colors, it is probably indicating the color associ-

ated with a person, place, or thing that is relevant to the question that has been asked.

Examples:

Q: What color suit should I wear to my important meeting?

A: Gray.

Q: What color will my soul mate's hair be?

A: Purple.

Q: What color should I meditate on today?

A: Red.

In our language, colors have also become associated with various qualities and moods.

Examples: feeling blue; a yellow streak; in a black mood; right there in black and white; so angry that I saw red; a real brown-nose; a blue-blood; in the pink of health; green with envy; white-collar job; that's a gray area—it's not clear; etc.

Since ancient times, certain colors have been associated with certain properties.

Red is the color of action, courage, and passion

Orange is the color of vitality, energy, and strength

Yellow is the color of intellect, clarity, and understanding

Gray is the color of neutrality, indecision, and the lack of clarity

Blue is the color of communication, tranquility, and harmony

White is the color of angels, purity,

and unification

Brown is the color of earthiness, stubbornness and matter-of-fact-ness

Green is the color of healing, growth, and balance

Black is the color of concentration, seriousness, and absorption

Pink is the color of love, joy, and compassion

Purple is the color of mysticism, spirituality, and inspiration

THE RING OF THE ZODIAC

Next you will find the ring containing the names and symbols of the twelve signs of the zodiac. Arranging these symbols in a circle harkens back to the days of the origin of the very word “zodiac” (from the Greek words *kyklos zodiakos*, meaning “circle of animals”). Since ancient times, astrologers have plotted the movement of the planets against the backdrop of the zodiac, the narrow band of space encircling the Earth's equator in which the Sun, Moon, and larger planets seem to travel.

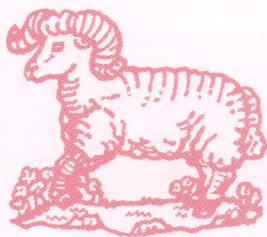
Astrology uses the planets to represent forces, actions, and events in our lives. Originally, astrologers watched the sky for omens, both good and bad. They noticed that certain kinds of events on earth coincided with certain kinds of planetary movements and alignments. They also noticed that when the planets, Sun, and Moon were

passing through different parts of the zodiac, certain events were favored and others were not.

In time, the zodiac was divided into twelve sections. Each section became associated with a symbol that represented the favored events taking place on earth as the Sun passed through that particular segment. These symbols are what we now call the signs of the zodiac.

The Psychic Circle can use the signs of the zodiac to represent several different types of answers. They can describe the personality of people you will encounter or the type of personality traits you must manifest to best accomplish a specific goal.

Here is a list of the traits associated with each sign of the zodiac:



ARIES
The Ram

Those who aggressively strive to be pioneers in some way display the forceful, independent personality of the sign Aries. They act on their first impulse without any forethought and thrive when they are in charge of a project or working alone. Rams butt heads to prove their strength and Aries individuals are likely to challenge anyone or anything they disagree with.



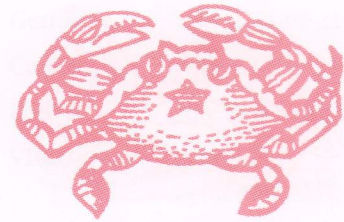
TAURUS
The Bull

Those who can cope with anything that gets in their way display the slow, steady, and methodical personality of the sign Taurus. They can be depended upon to follow every step of a plan stubbornly and deliberately, especially when they know their reward will be pleasure and luxury. When their patience is exhausted, they can become as aggressive as a charging bull.



GEMINI
The Twins

Those who are skilled at doing two or more things at the same time display the versatile personality of the sign Gemini. Their desire to comprehend and communicate everything quickly produces both an endless curiosity and an ability to take every side of an issue. Their apparent inability to commit to definite beliefs can cause others to see them as superficial and flighty.



CANCER
The Crab

Those who can forgive the childish transgressions of those they care for display the nurturing, protective, maternal personality of the sign Cancer. They are shyly aware of their own past and can easily apply its lessons to create security in their daily life. Their feelings are so important to them that feeling insecure makes them withdraw into a "protective shell," unable to give to others.



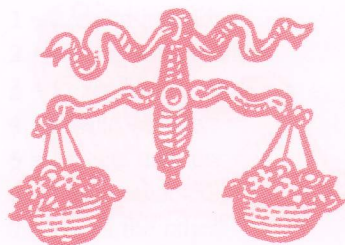
LEO
The Lion

Those who enjoy creating solutions and being leaders display the self-expression and confident personality of the sign Leo. They are romantic, generous with their affections, and proud to acknowledge accomplishments. If their dramatic gestures are not acknowledged sufficiently, they can use their considerable power to influence others in a dictatorial fashion.



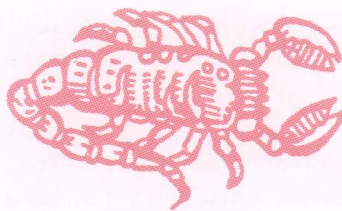
VIRGO
The Virgin

Those who are driven to perform useful acts to the best of their abilities display the skillful, hardworking, and humble personality of the sign Virgo. Their close attention to the smallest of details is matched by their ability to analyze people, things, and systems. Their desire to function correctly can turn into worry when constructive criticism is allowed to become destructive perfectionism.



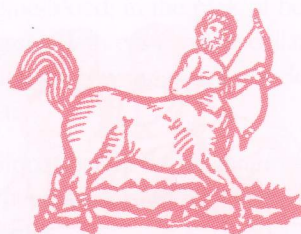
LIBRA
The Scales

Those whose goal is the resolution of conflict through compromise display the refined and diplomatic personality of the sign Libra. They constantly strive to balance the Scales of Justice regarding legal decisions and committed partnerships of all kinds. Their desire to make the perfect decision can sometimes prevent them from acting decisively until it is too late to do so.



SCORPIO
The Scorpion

Those who are compelled to know the secrets of power and control display the magnetic and investigative personality of the sign Scorpio. They are so passionately interested in living life to the full that they often find themselves involved in extremely intense situations. Their intimate understanding of human motivations can degenerate into ruthless manipulation for selfish purposes.



SAGITTARIUS
The Centaur

Those who seek to share all the knowledge and wisdom they encounter display the philosophic and broad-minded personality of the sign Sagittarius. They are not afraid to interact with those quite different from themselves if it results in an expansion of their understanding of the world. They can tactlessly ignore people's feelings and important details in their quest to see the big picture.



CAPRICORN
The Goat

Those who are willing to do what is expected of them in order to reach the pinnacle of success display the conservative and practical personality of the sign Capricorn. Their persistence and ability to focus on a goal enables them to become figures of authority. Their awareness of how far they have to go to achieve the respect they crave can make them seem depressed and pessimistic.



AQUARIUS
The Water Bearer

Those whose concern for the good of all impels them to invent solutions to society's problems display the humanitarian and free-thinking personality of the sign Aquarius. They learn from the past to affect the present so it will become the future they envision. The emotional detachment necessary to clearly see a societal problem can result in a lack of empathy for the hardships of individuals.



PISCES The Two Fish

Those whose concern for the good of all impels them to become emotionally involved with those in need display the empathetic and compassionate personality of the sign Pisces. They can see and feel the interconnectedness of all things on an intuitive level. If this ability is allowed to overwhelm their personal identity, they will seek to escape in every way.

The signs of the zodiac can describe the personality of a person you have met or will encounter.

Example:

Q: What type of personality traits are displayed by my new boss?

A: Capricorn and Aquarius.

In this case, Capricorn tells you that your new boss is trying to climb the ladder of success and is hungry for the approval of people in a position to help her. She may sometimes seem depressed and pessimistic. Aquarius tells you that she does want to help people, too, though she probably will not be able to relate to anyone else's emotions. Her will to succeed is too strong for her to let her guard down.

This information alone could prepare you for your next meeting with your boss. You would know to show her the proper degree of respect. You would not misinterpret her emotional detachment as a personal dislike of you. She would be impressed when you subtly mentioned how important it is to you that her supervisors become aware of her abilities. You might also decide to make it very clear that you were not in competition with her in any way.

The signs of the zodiac can also describe how you should conduct yourself in a given situation to best accomplish your goal.

Example:

Q: What type of personality trait should I manifest to have a good time at the reunion?

A: Gemini.

Gemini tells you that you should spend your time communicating with as many people as possible. Perhaps there is information you will learn that will be of value in some way. You might have information that could be important to someone at the reunion. In either case, your interests would be best served by overcoming shyness and by holding back strong opinions. If not, you might alienate someone and lose the potential benefit of your meeting.

The Psychic Circle can use the signs of the zodiac to represent the times of the year corresponding to each sign:

Aries	March 21-April 20
Taurus	April 21-May 21

Gemini	May 22-June 21
Cancer	June 22-July 23
Leo	July 24-August 23
Virgo	August 24-September 23
Libra	September 24-October 23
Scorpio	October 24-November 22
Sagittarius	November 23-December 21
Capricorn	December 22-January 20
Aquarius	January 21-February 19
Pisces	February 20-March 20

If your *Psychic Circle* Magical Message Indicator hovers over one of the signs of the zodiac in response to a "when?" type of question, then you can interpret this movement as an indication of the time of the year.

Example:

Q: When will an opportunity to find a better job present itself?

A: Sagittarius (from around November 23-December 21)

THE RING OF LETTERS

The Psychic Circle brings the talking board into the twenty-first century by adding colors, words, and symbols rich with meaning. But for thousands of years, letters and numbers alone were the basic components found on talking boards in cultures as diverse as those of China, Greece, and Rome.

The power of mathematics and the written word were once appreciated as beneficial miracles and not taken for granted as they sometimes are today. Each letter and number has evolved from ancient symbols that are embedded in what Carl Jung called our "Collective Unconscious" and the ancient Hindu scientists called "The Akashic Record." The Collective Unconscious and Akashic Record are thought to be the reservoir containing the sum total of everything that ever was, is, and will be. Many people feel that the information obtained from *The Psychic Circle* comes from this immense reservoir and not from disembodied spiritual essences.

The Ring of Letters gives you the ability to receive an infinite variety of messages from your Magical Message Board. The spelling of words by the Magical Message Indicator is an ability that will come to you eventually.

THE RING OF PLANETS

The word "planet" comes from the Greek word *planetes* which means "wanderer." When ancient astrologers watched the sky, they saw that some of the stars moved in their positions. The glyphs, or pictures that represent the various planets, are used by *The Psychic Circle* to describe how you should move. In other words, they represent how you should act or pace yourself. They can also describe the stage of what we call your "action cycle."



MARS

How to Act: Act forcefully and aggressively to make things the way you want them. Fearlessly pursue your goal immediately, without a thought to compromise. You must not second-guess your first impulse in this matter. Stand up for yourself, your ideas, and your interests. Act spontaneously. Be competitive. Be the first. Do not repeat yourself. You must act alone or as the directing force. Emulate the great martial-arts masters and control your temper.

How to Pace Yourself: Act in short bursts of concentrated force and then withdraw until you are strong enough to do it again. A sustained effort would be too difficult to maintain. Be disciplined and single-minded in your approach.

The Stage of Your Action Cycle:

Mars represents the first stages of actual movement. It is necessary to push forward with all your might to overcome the inertia of standing still. There is no time for doubt or second thoughts about the rightness of what you are doing. Keep moving forward. It is time to assert your strengths and force the issue to a head.

(Note: Mars is the universal symbol for "man" or "male energy.")



MERCURY

How To Act: Act quickly and skillfully. Keep thinking, talking, writing, reading, and telephoning. Keep the lines of communication open and in use. Go by logic and practical realities, not by emotion and intuition. Analyze the situation by looking at its individual parts. You may have to do a lot of short-distance and/or routine travel to accomplish your goal. It is not necessary to make a decision at this moment. Now is the time to get the facts together.

How To Pace Yourself: Keep moving, whatever the direction. Do several things at the same time. Expect to be on the go constantly. Make efficiency and order your organizing principle. Guard against worry and mental exhaustion.

The Stage of Your Action Cycle: Mercury represents the many things

necessary to keep your activities organized and focused while they are in motion. Your goal is to keep everything moving along quickly. Pay attention to routine details so they do not interfere later. It is a time to make connections. Keep everyone informed of your situation, plans, and goals.



VENUS

How To Act: Act charming and diplomatic. Attend social situations and act sociably. Attract what you want to come to you. Make everything you are associated with as beautiful and tasteful as possible. Demonstrate that you know the meaning of love. Learn what love really means (see "CUPID'S HEART" on pages 22-23). Make peace. Seek areas of shared concerns and mutual benefit so you may find ways to compromise. Relax and enjoy the finer things life has to offer.

How To Pace Yourself: Enjoy a relaxed pace that allows you to appreciate each step of your journey. Take the path of least resistance. Do not deplete yourself or become involved with anything sordid or ugly.

The Stage of Your Action Cycle: Venus represents a time to enjoy the fruits of your labors. It is a time of balance and harmony. Appreciate what you have done and how far you have come. It is a time of vacation from the routine. At this stage, you should love

what you are doing to achieve the best results. Use this time to heal and restore yourself so you will be ready for the next stage.

(Note: Venus is the universal symbol for "woman" or "female energy.")



THE MOON

How To Act: React to the actions of others. Go by your intuition and your feelings, not by logic and practical necessity. Be aware how actions are dictated by moods that are themselves habitual responses born of past experiences. Get in touch with security issues. You are called upon to demonstrate your ability to nurture, protect, and defend. Make your home base secure before you take any other action. Forgive the mistakes of others. Forgive yourself as well.

How To Pace Yourself: Allow yourself to ride the tide of your emotions and moods. Experiencing life as a daydream can be beneficial now. Stay close to home and hearth. Whatever you do now should increase your feeling of security.

The Stage of Your Action Cycle: The Moon represents a time when your actions have become familiar, habitual responses. It is a time to look within yourself to see if your old ways of doing things are appropriate to the person you have become. This can be a very nostalgic time.



THE SUN

How To Act: Act friendly and good-natured to all who are looking for leadership and guidance. Place yourself in the center of things. Display your talents. Be warm and generous with your praise and encouragement. Shine the light of your intellect on the subject in question. Give life to what has never been and help it to grow. Bring the personal touch to all you do. Remember people's names and personal history.

How To Pace Yourself: You must be consistent and energetic because much depends on your dependability. Awake at dawn. Go to bed at dusk. Rise above all petty distractions. Maintain a positive attitude.

The Stage of Your Action Cycle: The Sun represents a time when you identify your true purpose. Visualize your goal on a daily basis. Make adjustments in your life that are designed to achieve that goal. This is a time when you can clearly see the people you are dealing with. How they react to the friendliness you display will help you to know their true nature.



SATURN

How To Act: Act as a teacher whose wisdom comes from enduring

the hardships that are a part of every life experience. Act as an authority figure whose accomplishments deserve recognition. Do not try to expand. Do not depend on things to work out perfectly. Be realistic and cautious. Learn to live with less. Be aware of limits and boundaries. Clearly define responsibilities. Do what must be done. Pleasure and leisure activities must wait.

How To Pace Yourself: A disciplined, slow, steady approach will work for you. Use only tried and true methods. Do only what you have to do. Be conservative in the truest sense; conserve what you have to avoid doing without.

The Stage of Your Action Cycle: Saturn represents a time of the crystallization of your goals into physical reality. It is a time to keep things exactly as you have made them. Permanence, stability, and traditions must be maintained. You must learn to be comfortable being the standard by which others are judged.



URANUS

How To Act: Act as a revolutionary influence. Bring newness to a situation that has gotten stale and boring. Deviate from your usual path. Walk on the wild side of life. Look at the situation as if seeing it for the first time. Ignore traditions that have outlived their usefulness and no longer

deserve respect. Dare to dream of what could be and make it a reality. Secure freedom. Do not worry about upsetting the status quo.

How To Pace Yourself: You are challenged with an erratic pace. Being unpredictable works best for you now. Expect the unexpected and prepare for it as best you can.

The Stage of Your Action Cycle: Uranus represents a very unstable time when you realize that doing the same old thing in the same old way is not working. You are challenged to bring newness into your life or be confronted with a series of explosive events that does it for you. The hardest aspect of this stage is to know what to get rid of and what to keep.



PLUTO

How To Act: Act passionate and sexy. Act as a detective on a dangerous case. Expose the true nature of all you see without exposing your own secrets. Play the game as if it were a matter of life and death. Eliminate all dead wood to make room for new growth. Confront any issues you have regarding judgment. Control the situation before you find yourself controlled by it. Be aware the forces opposing you are extremely powerful.

How To Pace Yourself: If ever there is a time when you are justified in being obsessed with something, that time is now. Even though you are

obsessed, you must prevent yourself from being a slave to your compulsions.

The Stage of Your Action Cycle: Pluto represents a time when you see things so extremely good or bad that you cut yourself off completely from what you judge to be a dead issue in your life. You are challenged to focus all of your power in a ruthless, all-or-nothing struggle for survival. It is also a time to resurrect and utilize something that was once thought to be useless.



JUPITER

How To Act: Act jovially as you expand your sphere of influence and understanding. Do things in a big way. A philosophy of unlimited abundance is appropriate now. Be optimistic. See the opportunities around you. Broaden your philosophy of life. Examine your beliefs about the nature of your personal reality. Get out into Nature and learn its healing wisdom. Display tolerance for the customs and mores of other people.

How To Pace Yourself: Make big moves. Be as lavish with your expenditure of time and resources as you can. Seek to increase them even further. You may find that you are overindulging in the finer things in life.

The Stage of Your Action Cycle: Jupiter represents a time when you become concerned with the ultimate good of what you are doing and desire to see how you fit in with a larger plan.

It is a time of ease and opportunity. Although you can use it as a rest period, actions taken now could result in great rewards. The challenge is to work to increase your good fortune at a time when it seems that everything is fine.

The North and South Nodes of the Moon

Both the North and South Nodes of the Moon are points in space and not planets. They represent the place where the Moon's path intersects with the plane of the Sun's path through the heavens. Astrologers through the ages have found that these are sensitive points with the following meanings:



THE NORTH NODE

How To Act: Keep acting the way you have been. You are on the right course and to change it now would only create problems. Expect help if you ask for it. You have "Good Karma" with what you have asked about. Expect things to go well. You have earned your reward through efforts in this or other lifetimes. Do not reveal any fears or inner conflicts regarding this matter.

How To Pace Yourself: Continue to pace yourself as you have been.

The Stage of Your Action Cycle: The North Node represents a time when you reap what you have sown in a

positive sense. You are given permission to go ahead with your plans. It is a time when you should be careful what you ask for because it is likely that you will get it.

(Note: The North Node is also the equivalent of "yes.")



THE SOUTH NODE

How To Act: Reverse the course of the way you are acting. You are on the wrong course and to change it now will save you a lot of problems in the long run. Do not expect to receive help if you continue your present course. You have "Bad Karma" with what you have asked about. Do not blame your problems on anyone other than yourself. You have earned this situation in this or other lifetimes. Accept your losses and move on. See what you can learn from the difficulties you have encountered.

How To Pace Yourself: Pace yourself in exactly the opposite fashion to the way you have been going.

The Stage of Your Action Cycle: The South Node represents a time when you reap what you have sown in a negative sense. You are confronted with your erroneous beliefs about reality. It is a time to avoid resenting your present circumstances and sow the seeds of future successes.

(Note: The South Node is also the equivalent of "no.")



NEPTUNE

How To Act: Inspire others by putting the good of all above your own self-interest. Remove your attachment to ego gratification. See the divinity in others. Help those who need it as you would want to be helped if you were in need. Tune in to the world of the spirit. Consider what is valuable to you from the perspective of your spiritual nature. Dissolve all barriers.

How To Pace Yourself: It is not so much your physical body but your intuition that you should pace. Guard against being too open to the suffering and needs of others. You must be secure in order to really help others.

The Stage of Your Action Cycle: Neptune represents a time when your actions should be focused on the spiritual and not the material plane. From this perspective you can see the motives of others with compassion and understanding. This is a time when the voice of intuition is the one you should listen to. You may want to escape from the demands of the world.

THE RING OF PICTURES

If your Magical Message Indicator hovers over one of the images in *The Psychic Circle's* Ring of Pictures, it is possible that you are being guided to the key words that are listed below each picture in this section. As always, you can determine if this is so by asking follow-up questions that can be answered by either *yes* (or the North Node) or *no* (or the South Node).

More specific meanings associated with the various pictures can be indicated if your Magical Message Indicator hovers over a picture and then over one of the Four Elements symbolized in the four corners of the board. If you are asking for further guidance or insight about one of the eight subjects symbolized in the Ring of Pictures, you must ask *The Psychic Circle* which one of the Four Elements applies. The indicator will go to a picture and then to one of the Four Elements. You should then read the paragraph listed below that is the meaning of the picture combined with the element indicated.

Example:

Q: What aspect of creativity must I learn more about to develop my writing ability?

Answer: The Artist Palette/Fire

In this case, the questioner would be advised to see how the paragraph explaining the meaning of this combination of Picture and Element applied to the development of his or her writing ability.

Sometimes, in answer to a request for guidance or insight about one of the subjects symbolized in the Ring of Pictures, the indicator will skip the picture you have asked about and go right to one of the Four Elements. On other occasions, the indicator will go to a different picture than the one you have asked about. In this case, the insight you have requested is contained in the meaning of the picture indicated.

This may seem complicated, but at the end of your session you can go back and consider the information you have received. You will be surprised at what comes to mind when you try to put the information together.

Sometimes, even if you have not asked for guidance or insight, your Magical Message Indicator may hover over one of the pictures and then go to one of the Four Elements. You are being given a special message and should proceed just as if you had asked for guidance.



THE ARTIST PALETTE

Key words: creativity; talent; invention; writing; music; art; performance; film; tape; beautification.

Air: The Idea of Creativity

Creativity is a thorough exploration of personal taste. To be a channel for creativity, consciously apply your philosophy of life to all you do. Do not worry about what other people think of

you and your creations. Do not let worries about the originality of your work stop you from developing it.

Earth: The Reality of Creativity

We all have creative ability. It takes work. Knowing when your creation is finished is an art in itself. Once the creation is complete, it is like a child; it has a life of its own. Creativity is freedom in motion. In the act of creating there are no mistakes or accidents, only opportunities.

Fire: The Action of Creativity

The act of creation is the real star, not the artist. Artists make art for its own sake. Like the alchemists of old, they have reaped the rewards of purifying themselves to the point where creativity flows through them. Have faith that it is possible to make your life a work of art.

Water: The Emotion of Creativity

Experiencing a work of art produced by another tells you about the work's subject and, sometimes, about its creator. Most important is what a work of art can tell you about yourself. This happens naturally when you allow yourself to experience how the work makes you feel.



CUPID'S HEART

Key words: love; romance; infatuation; affection; marriage; affairs of the heart; sex.

Air: The Idea of Love and Romance

Love and romance offer us the greatest opportunities to learn the meaning of our lives. If you cannot attract love or romance, examine and consider changing beliefs born of past experiences. The kind of person you want is also looking for a certain kind of person. Consider becoming that person.

Earth: The Reality of Love and Romance

Romantic attraction for another can lead to the more fulfilling experience of love. More often, what it leads to is a craving for more romantic intoxications. Love is mutual acceptance and empowerment. Love enhances our lives with shared caring, respect, and responsibility.

Fire: The Activity of Love and Romance

Many think love is giving our heart away to another, but surrendering our power and personal responsibility can only lead to the death of love. Lovers must reinforce each other's sense of self-worth. This provides the foundation of trust necessary for growth to take place.

Water: The Emotion of Love and Romance

Romance is the intoxicating promise of being transported out of ordinary existence. It is the most emotionally entertaining experience life has to offer. It is a time of vulnerability and lovers must take care not to hurt one another. When love is real, forgiveness is always possible.



YIN/YANG

Key words: the union of opposites through their interdependence; duality; change; eternity.

Air: The Idea of Yin/Yang

We cannot know something without also understanding its opposite. It is a fact that opposites define each other. Our brain is composed of left (logical) and right (intuitive) hemispheres. To expect things to exist without their opposites is to display ignorance of life's workings.

Earth: The Reality of Yin/Yang

Yin/Yang represents the male and female principles. The female principle is fluid and gives birth to the chaos that is the universe. The male principle fights to keep from being overwhelmed by this chaos by ordering and classifying it. Together, desire and its fulfillment keep us on the material plane.

Fire: The Activity of Yin/Yang

In the beginning was the Word. Sound is vibration. Vibration is the movement that produces physical matter and is the proof that life is present. The sign wave, symbol of sound, is formed by a point that is constantly changing direction. Direction must be changed if life is to go on.

Water: The Emotion of Yin/Yang

In Eastern traditions, the higher purpose of our changing emotions is to cause us to seek to get beyond their

grasp. In these traditions the supreme goal of a spiritual master is contentment in all circumstances. This state is a result of experiencing each moment without analyzing it.



THE CRYING EYE

Key words: sadness; loss; regret; pain; unpleasantness; release; overwhelming emotions.

Air: The Idea of Sadness

We experience sadness when our expectations are not fulfilled. If you do not expect things to be a certain way, how can you be disappointed? If we do not know what sadness is, we will not be able to recognize joy when it makes its inevitable and welcome appearance.

Earth: The Reality of Sadness

When you are sad, no amount of telling you about the transient nature of emotion will help in the least. Sadness, like everything else in life, must be experienced to the full. If it is denied and buried within us, melancholy and resentment will sprout up like weeds.

Fire: The Activity of Sadness

Sadness is the pain felt when things we love, want, and need are torn from our life. Our tears are like the blood issuing from a wound that also serves to clean the injury and prepare it for a time of healing. The sooner we confront the reality of what has actually happened, the sooner we heal.

Water: The Emotion of Sadness

Cry and be comforted. No words, deeds, or material things have any meaning when sadness visits. Identification with the material world is so strong that the world of spirit is forgotten. What matters is not that we forget our spiritual nature, but that we eventually remember it.



4-LEAF CLOVER AND DICE

Key words: you are lucky; it takes luck; take a chance; invest; speculate; sports; games.

Air: The Idea of Luck

The idea that we can get something we desire without earning it is not in keeping with spiritual law. Belief in luck is a vacation from our personal responsibility for everything that happens to us. Vacations are both pleasant and useful when they renew our mind, body, and spirit.

Earth: The Reality of Luck

Who knows how luck has been earned? We know only that it has. The same forces that move the Magical Message Indicator can also guide and affect you. Your good fortune may be the result of divine intervention. Bear witness to the benevolent nature of the forces that guide you.

Fire: The Activity of Luck

Without your active participation, you will never know whether or not

luck was on your side. Luck is created and destroyed, like everything else in life. You will find that the harder you try, the more luck you will have. Exploring all possibilities can virtually assure your success.

Water: The Emotion of Luck

To be lucky is to appear touched by the hand of divine forces. Emotions pour out of those who learn of your good fortune. Prepare to encounter them. Not everyone will know that your luck has been earned. The emotional high attached to "winning" makes it one of the strongest addictions.



BAGS OF GOLD

Key words: money; wealth; material success; winning; having what others want; spending.

Air: The Idea of Wealth

Wealth is the absence of want and the ability to live the way you desire. If you are habitually conscious of what you lack and desirous of living differently than you do, you can never be wealthy. If you concentrate on what you have and all the things you can do with it, your wealth knows no bounds.

Earth: The Reality of Wealth

Spiritual law states that you have earned what you have in your life. Enjoy yourself and know that what you

have in no way diminishes another's chance to enjoy the same. Do not expect wealth to eliminate problems, only to present new kinds. Make sure you know who your friends are now.

Fire: The Activity of Wealth

Wealth is energy and energy thrives on motion. You can make things as you think they should be. Use your wealth as two soul mates use love; sharing it freely, knowing there is always more to come. It is the love of wealth which is said to be the root of sorrow, not wealth itself.

Water: The Emotion of Wealth

Feeling the joy of achievement and security does not mix well with the fact of those less fortunate. Do what you can to be of use. The ancient Chinese proverb explains that if you give someone a fish, you feed them today. But if you teach them to fish, you feed them forever.



HOT AIR BALLOON

Key words: rise above; gain perspective; remove yourself; look at the big picture; travel.

Air: The Idea of Perspective

What you know of your situation is incomplete unless you rise above it and take in the whole picture. You may be excluding vital facts because you are too close to the situation. Make some breathing room. Be aware of obsessive

thinking in yourself, as well as in others.

Earth: The Reality of Perspective

One must take risks to gain perspective. To stay where you are is safe, but there is less opportunity for growth. Fear of failure stops many from trying to soar. Successful people have the same fears, but they try nonetheless. Take courage from your previous successes.

Fire: The Activity of Perspective

Once the whole picture is seen, actions can be undertaken. These actions will not be understood by those whose view is not as privileged. Though you fear there is no time to waste, take the time to explain what you have seen, where you think things should be going, and why.

Water: The Emotion of Perspective

Once you determine to see all there is to see, you must be ready to accept the accompanying emotional upheaval. If it threatens to stop your vision quest, you must practice emotional detachment. Perform a ritual of thanksgiving to re-establish your emotional connection when you come down.



GUARDIAN ANGEL

Key words: your guardian angel is here; you are protected; you have been warned; pray.

Air: The Idea of Protection

We are all part of an interconnected web of mutual interests. The love we have for each other never dies. Our energies attract energies of a similar quality that become interested in our activities. Be aware that an idea or communication is around you. Do not resist it out of habit.

Earth: The Reality of Protection

This situation is a result of the attempt to offer protection and guidance. If you are satisfied, continue your present course. If you are not, realize how your resistance to offering or requesting assistance led to this situation. Be aware that an opportunity to establish security is around you.

Fire: The Activity of Protection

Have faith that you will be protected and guided. Act in harmony with the divine plan for your highest good. That which causes the indicator to move can move you too. There is great love for you in the spiritual realm. Be aware that the time to act is now.

Water: The Emotion of Protection

To keep divine guidance and protection flowing down to you from on high, you are asked to provide the same help to those who ask you for it. Any reluctance or delay will be mirrored in the protection you now enjoy. Be aware that emotional support is around you. Share it.

THE RING OF WORDS

If your Magical Message Indicator hovers over one of the words in this ring, you are being asked to apply the meaning of that particular word to the situation in question. The word's meaning must be considered in the context of how the query was asked. As always, you can determine exactly what your answer means by asking follow-up questions.

Example:

Q: Will I give birth to a boy or a girl?

A: Look/South

This answer was interpreted to mean that the expectant mother should look down (south) at her belly and observe how she was "carrying" her child. Traditional wisdom taught by midwives had informed her that the way she was carrying her child indicated it to be a boy. This also confirmed her own feelings and those of her friends. A request for further confirmation saw the Magical Message Indicator hover over the color blue. The baby did turn out to be a boy.



INTERPRETING COMBINATIONS OF SYMBOLS



If your Magical Message Indicator hovers over one symbol and then another, or then hovers over a direction, letter, planet, sign, color, or number, you are being challenged to use your intuition and creative ability to interpret what is being indicated. This type of an answer is an honor to receive. It is a sign that you and the energies you have contacted are considered intellectually ready to advance yourselves spiritually.

There is no way that we can anticipate and explain the literally infinite number of combinations you may receive. What we can do is teach you about a technique called free association. Whenever you receive combination answers, relax and let any ideas and images come into your mind. Do not censor or question anything that comes. See what these images make you think of. Let one thought lead to another and soon you will get an intuitive flash regarding the meaning of the combination answer you have received.

How your answers make you feel is another way of interpreting your answer. By using images and emotion, your higher self is speaking to you in the same language it uses to educate and heal you in your dream-state. This is powerful energy.

It is certainly a good idea to record insights into the combinations as you get them because you may not remember them later. However, these should be genuine flashes of intuition and must not degenerate into your group's groping around for interpretations. You may find it better for the flow of your session if you just receive and record the information as it comes and then interpret it after you are finished asking questions.

It is very important that you not worry if your interpretation is "right" or "wrong." Simply stated, it is your interpretation and that is all you need to know. You cannot develop your intuition and decision-making ability until you learn to trust those powers in yourself.

Examples:

Q: How can I best find a new place to live?

A: Guardian Angel/West

In this case, a friend did obtain a wonderful apartment as a result of the help she sought and received from a very helpful friend (her guardian angel) who lived out West.

Q: How is my business deal with my new partner going to go?

A: Aquarius, Hot Air Balloon, East—pause—The Sun, Bags of Gold.

This was interpreted to mean that in the time of Aquarius (from around January 21-February 19), the western partner would be traveling East. The Sun and Bags of Gold was interpreted to mean there would be good news and financial reward at that time.

Q: Is this new person in my life my soul mate?

A: Other (meaning this person's soul mate had yet to appear).

Q: Then how should I interact with this new person?

A: Venus, Jupiter, Cupid, Air, Cupid, New.

Venus/Jupiter was a confirmation that the attraction felt

by the questioner was real, mutual, and positive. Jupiter/Cupid/Air was interpreted to mean that the relationship with the person would expand the questioner's understanding to the point that a transformation would take place. The

questioner would become the person who could now attract a desired, but presently unknown soul mate. Cupid/New indicated that following this expansion and transformation, a new person would come into the picture and fulfill that role.

TRICKS OF THE TRADE

Every activity has special tricks that can only be learned through practice. *The Psychic Circle* is no exception. Below is a list of special ways of using the various symbols that have been observed in our research. We will also reprise the special tricks I have already described elsewhere in this booklet so that you may have all of the techniques in one place.

Be on the lookout for: initials instead of names; nicknames; foreign languages (ask for your information in your preferred language); words spelled in any kind of shorthand; slang of days gone by; very creative energies (one used the Yin/Yang picture for a comma and even for quotation marks!).

Q = Ask a question.

X's = Kisses

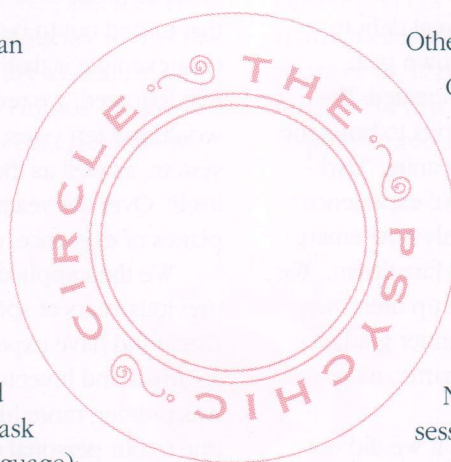
4 = for

U = you

PC = Psychic Circle

Y = Why?

No/Listen = You are not listening or it may mean you should not listen. In situations like this, always ask which meaning is correct, using yes and no.



Other/Venus = another lover, or another woman.

Old/Mars = an older man.

No/Crying Eye = do not be sad.

Libra = a scale for weighing yourself

Pisces = fish for dinner or go fishing

Hot Air Balloon/Air (or Water, or Earth) = travel by air (or over water, or over land).

Bags of Gold/Earth = real estate

Near/Goodbye = it is almost time to end the session.

We are sure that you will discover many more. If you do, please write and share them with us so that we can share them with every user of *The Psychic Circle*. Our address is listed on page 29. We are also interested in any special experiences you have with your Magical Message Board.

People whose work involves the use of certain jargon, initials or numbers to represent certain activities—like police officers, nurses, and doctors—should be on the lookout for those kinds of signs to be used. The information you are receiving is being filtered through you, so everything you know can be used to communicate.

For the same reason, if any of the symbols on the board have any special meaning to you, the symbol will probably be used to represent that meaning and not necessarily the one in this booklet.



AUTHORS' NOTE:



The history of *The Psychic Circle* Magical Message Board parallels the history of all human progress in a very important way: Much of what is now considered “normal,” everyday reality was considered fantasy fifty years ago, impossible one hundred years ago, and the magic of witches and sorcerers two hundred years ago. The story of scientific progress is the story of brave women and men who dared to look at reality stripped of all assumptions and preconceptions. They dared to dream what could be. The world owes a great debt to these special people who dared to walk their own path.

It is with that belief in mind that we have created *The Psychic Circle*. It is the culmination of our efforts to bring the ancient wisdom that was branded “occult” (meaning “darkened,” “hidden,” or “obscured”) into the light of experience and experiment. In many ways, our race is only now emerging from the Dark Ages produced by religious fanaticism. We believe that people are smart enough to make up their own minds about what is real for them. Personal inner guidance systems of all kinds can help us to become smarter, more intuitive, and make better decisions.

For example, Amy and I would be remiss if we did not share with you our own empirical knowledge of the workings and value of the use of talking boards. In 1976, Amy and I were visiting our dear friend Lori Solensten when she mentioned that she had been given a talking board. She had not used a talking board since her teenage years and invited Amy to try it with her. Though Amy had never used one before, she agreed to give it a try.

Being familiar with the power of prayer and ritual, we all held hands and prayed together that only energies from the highest levels of the world of spirit would come through. And then nothing. For what seemed like a long time we all just sat there; me with my pencil ready to record any information and they with their hands on the board's indicator. Suddenly, the indicator started circling the board and increasing its speed with each turn. We were laughing at the exuberance it

displayed, finding it hard to believe that not one of us was pushing the indicator, when it spelled out “I am of kin.” Even as we write the words now, we still get the same electric feeling that seeing those words produced in us all that night.

The board proceeded to tell us that the disembodied spiritual essence we were experiencing was a departed relative. Without going into the details of the information given as proof of identity, we received a good deal of material that turned out to be quite important to us many years later. One example is that during the first session and the sessions that followed, we received the name Karma Cards, a name we would use ten years later for our first personal guidance system, as well as the name and idea for *The Psychic Circle* itself! Over the years we received messages about other planes of existence, creativity, and even the lyrics to a song.

We then applied the knowledge we had gained in our previous years of spiritual studies to the design of *The Psychic Circle* and have experimented and perfected it over the years. As artists and inventors, we wanted to create a system that was prettier, more fun, and easier to use. It would have to be true to our personal goal of helping everyone develop intuition and decision-making ability, and make ancient wisdom accessible and user-friendly.

We now proudly present you with *The Psychic Circle*, the fruit of our labors. We hope that it helps you to enrich your life with knowledge and the wisdom to use that knowledge. May it increase your ability to make your life a unique expression of your individuality.

“All of you have work here as people in creative research. You all have work as designers of (a) new world. You all have to see it now. You must see it now. Feel it now. Take it now. You don(‘)t know what you have to give. It is seen as holy—from us to you.”

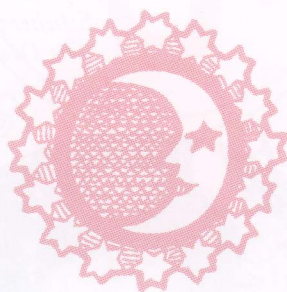
—Excerpt from the authors' first *Psychic Circle* session,
September 10, 1978



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DEAR MEMBER OF THE PSYCHIC CIRCLE:

We would like to know if you receive any information on *The Psychic Circle* Magical Message Board that other members might find especially interesting. If you would like to send it to us, we would be very grateful. If you or your organization would like information regarding our personal appearances, lectures, and workshops on developing your creativity and intuition, we would love to hear from you. Finally, if you would like information on our books (including

our series of children's books), and our other projects, please include a stamped, self-addressed envelope when you write to us at the following address:

The Psychic Circle
Zerner/Farber Editions
P.O. Box 2299
East Hampton, NY 11937



ABOUT THE AUTHORS



Amy Zerner is one of the leading collage artists in the world. She was a recipient of a 1986 Visual Artist's Fellowship from the United States National Endowment for the Arts for her unique fabric paintings.

Monte Farber, her author husband, is also a professional metaphysical counselor and lecturer, musician, and filmmaker.

Together, they are the foremost designers of award-winning interactive personal guidance systems, with over one million copies of their work in print in nine languages around the world. Their other divination systems, children's books, self-help relationship book/spiritual memoir, and retrospective coffee-table fine art book are:

The Enchanted Tarot
Karma Cards
The Instant Tarot Reader
The Zerner/Farber Tarot Deck
Gifts of The Goddess Affirmation Cards
The Enchanted Astrologer
The Healing Deck
The Oracle of The Goddess
The Pathfinder
Love, Light, and Laughter: Relationship Secrets of The Enchanted Couple
Paradise Found: The Visionary Art of Amy Zerner
Children's books by Amy Zerner and Jessie Spicer Zerner
Zen ABC
Scheherazade's Cat
The Dream Quilt



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Photo © 1993 Renate Pfleiderer



INTERPRETING YOUR ANSWERS

When you are interpreting your answers,
the three most important things to keep in mind are:

- (1) The information you receive from *The Psychic Circle*® will depend on how clearly you phrase your question. Simple is always better.
- (2) The meaning of each symbol must be interpreted in the context of the question you have asked.
- (3) If you are not sure of the meaning of any answer you receive, you can always ask for a “yes” or “no” as confirmation. The North Node is another way of saying “Yes” and the South Node is another way of saying “No.” They have additional meanings that you may want to read about.